

# Perinatal Medicine 2019

9-11 May 2019, Hilton Hotel • İzmir, Turkey

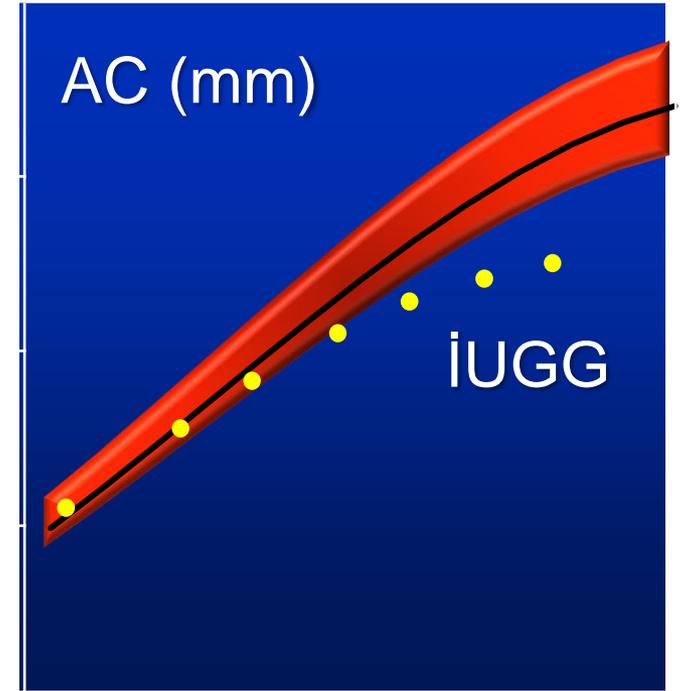


## İntrauterin gelişme geriliği erken / geç

Doç Dr Zeki Şahinoğlu

# Küçük fetus – ayırıcı tanı

- Yanlış SAT
- Fetal anomali
- SGA
- Fetal büyüme kısıtlılığı  
(İUGG)



Gebelik haftası

# İUGG / SGA – ayırıcı tanı

- Fetal anomalinin ekarte edilmesi
- Ekstresek nedenlerin ekarte edilmesi  
(enfeksiyon, uterin anomali gibi)

Perinatal morbidite / mortalite  
Fetal kayıp riski  
Doppler (fetal adaptasyon)

**İUGG**

Plasental yetmezlik

Perinatal outcome normal  
Fetal kayıp riski yok  
Doppler normal

**SGA**

Yapısal / diğer

**IUGR vs. SGA: yönetim / izlem farklı**

# İUGG / SGA – ayırıcı tanı



## İUGG:

- Perinatal mortalite → 120/1000
  - Perinatal mortaliteye yol açan nedenlerde 2. sırada
- Ölü doğum → % 40 İUGG
- Intrapartum asfiksi oranı → % 50
- Erken-uygun perinatal tanı + yaklaşım → PNM/M ↓↓

# IUGG – tanı

## A Uniform Management Approach to Optimize Outcome in Fetal Growth Restriction

Seravalli V, Baschat AA,  
Obstet Gynecol Clin North Am  
2015

Table 1  
Implications of diagnostic cutoffs for management of fetal growth restriction

Diagnostic Cutoff	Advantage	Disadvantage
AC <10th percentile	Highest sensitivity for FGR	Lowest specificity for FGR
SEFW <10th percentile	Acceptable sensitivity for FGR	Unnecessary monitoring of normal fetuses
SEFW <3rd percentile	Greater specificity for FGR	Less severe FGR is missed
SEFW <10th percentile & abnormal UA Doppler	Greatest specificity for FGR at risk for adverse outcome	Misses term FGR with normal UA Doppler
SEFW <10th percentile with abnormal <u>UA or MCA</u>	Greatest specificity for FGR at risk for adverse outcome across all gestational ages	Requires interpretation of umbilical and cerebral Doppler studies

# İUGG – etyoloji

uteroplas perf ↓  
kronik HT  
PE  
myom  
konn. doku hast  
uter. anom

**UTEROPLASENTAL**

previa / ablasyo  
kr inflam  
tromboz / infarkt  
plasentit / vaskülit  
ödem  
koryoamnionitis  
koranjioma

**İUGG**

DM  
kalp hast  
akciğer hast  
böbrek hast  
anemi  
ilaç kullanımı  
sigara, alkol

**MATERNAL**

**FETAL**

enfeksiyon  
kalp anomalileri  
malformasyon  
genetik

# İUGG – olgu 1

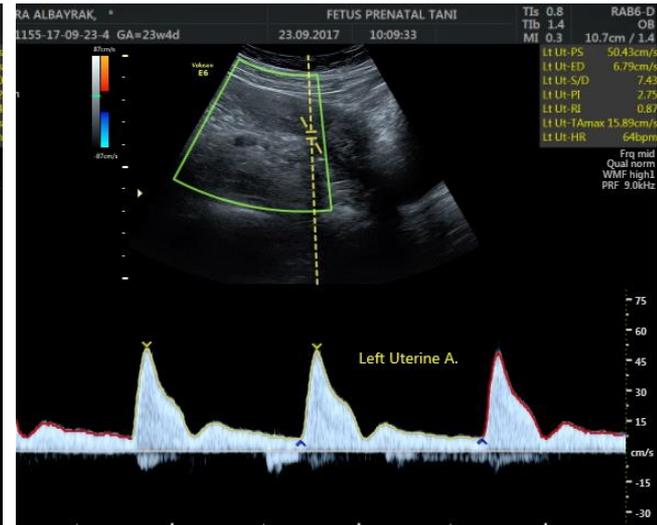
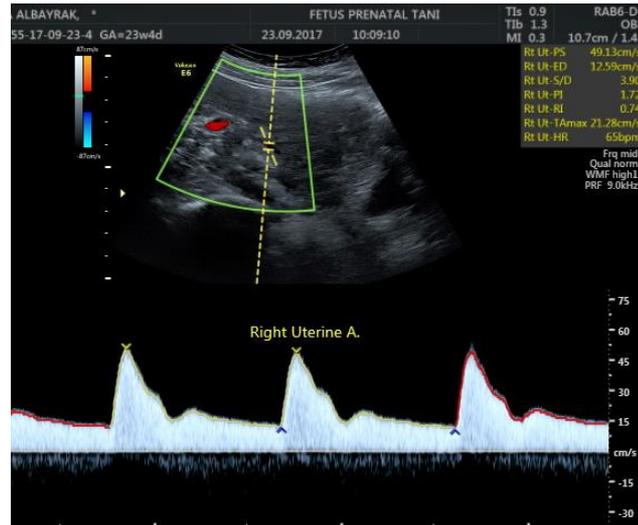
- 21 y, G1 P0
- SAT → 26 hafta
- USG → 23 hafta
- Doppler normal
- AFI normal
- Patolojik u/s bulgusu yok
- Kordosentez: 46, XY
- Fetal seroloji negatif
- Karar: Yakın izlem



Cornelia de lange

# İUGG – olgu 2

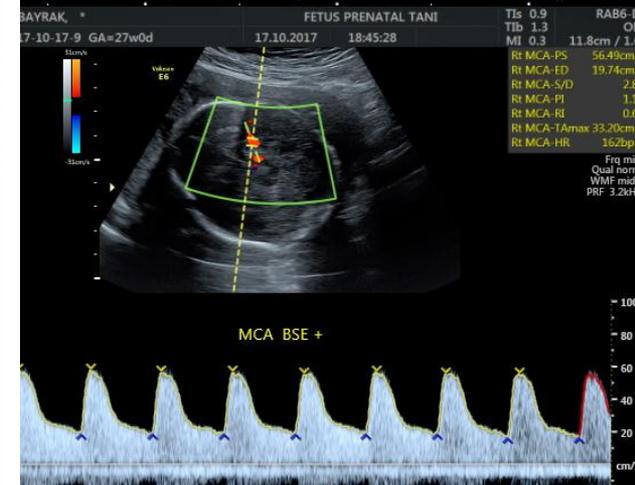
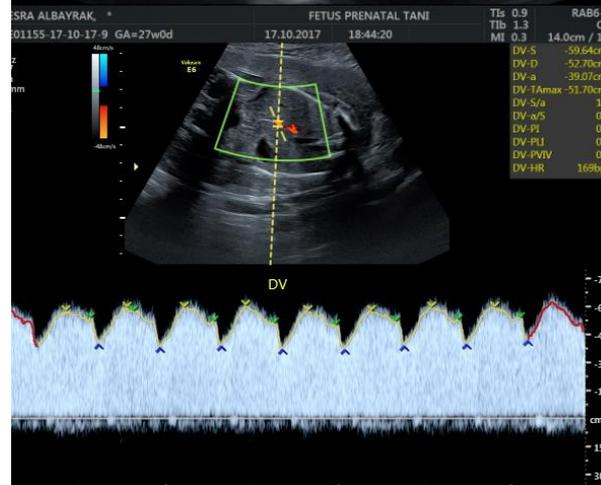
G 1  
IVF  
SAT 23 hf  
USG 20 hf  
Amnion normal  
Anatomi normal  
Plasenta normal  
Bilateral notch, PI  
UA / ARED, RF  
AC < % 1





# İUGG – olgu 2

SAT 27 hf  
USG 22 hf  
Oligohidramnios  
Plasenta ödem  
Hiperekojen barsak  
UA / AREF  
MCA PI ↑  
AC ≤ % 1  
DV normal  
**+ Preeklampsi**  
**+ Dekolman**  
**Neonatal kayıp**



# İUGG – olgu 3

SAT 21 + 5 hf

USG 20 + 3 hf

Amnion normal

Sirkumvallat plasenta

Hiperekojen barsak

UA / ADEF

MCA PI normal

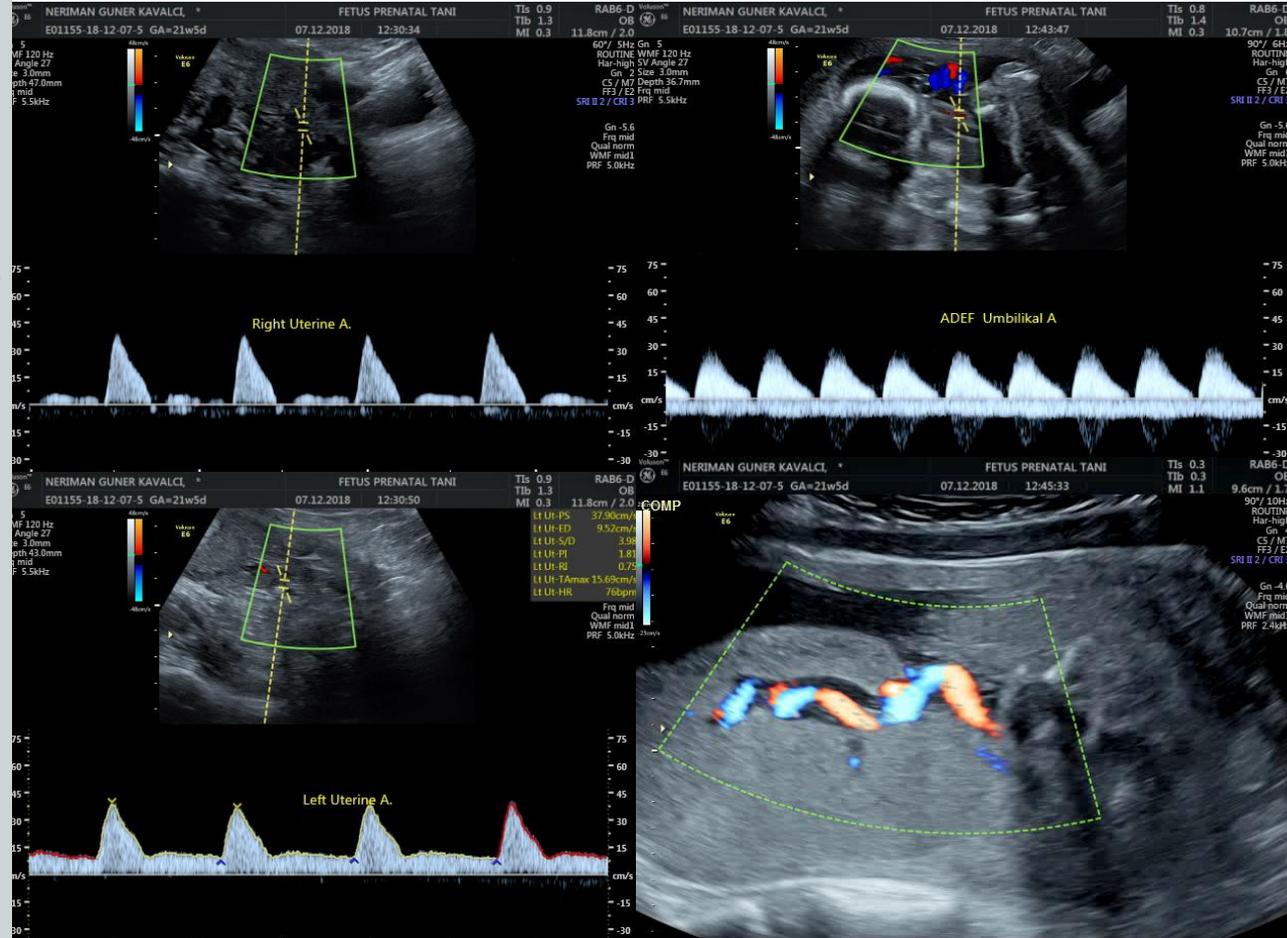
AC 21 + 1

DV normal

27. hafta:

+ Preeklampsi

+ Fetal kayıp



# İUGG – olgu 4

31 y, G3 P1 A1 Y1  
SAT → 30+6 hafta  
USG → 25+5 hafta  
Oligohidramnios  
UA → AEDF + RF  
MCA → PI ↑  
DV → PI ↑



# İUGG – etyoloji

uteroplas perf ↓

PLASENTA

myom  
konn. doku hast  
uter. anom

UTEROPLASENTAL

previa / ablasyo  
kr inflam  
tromboz / infarkt  
plasentit / vaskülit  
ödem  
koryoamnionitis  
koranioma

Plasenta anomalileri / patolojileri

DM  
kalp hast  
ak  
bö  
ar  
ila  
sigara, alkol

- farklı klinik tablo
- farklı neonatal kompozit morbidite

enfeksiyon  
kalp anomalileri  
malformasyon  
genetik

# İUGG – etyoloji



## Plasenta anomalileri

- Plasental dekolman
- Plasental infarkt
- Sirkumvallat plasenta
- Hemanjiom, korioanjiom
- Velamentöz veya marjinal kord insersiyonu

Defining early vs late fetal growth restriction by placental pathology

Amir Aviram et al.

Acta Obstet Gynecol Scand. 2019

# İUGG – etyoloji

## Fetal vasküler malformasyon = fetal trombotik olaylar

- Vasküler lezyonlar
  - koryonik tabakada tromboz
  - stem villöz hücrelerde artış
- Villöz değişiklikler
  - hipovasküler / fibrotik / avasküler villi yapısı

34. hafta sonrası gelişen geç III. trimester İUGG olgularında sık gözlenen plasenta patolojileri

## Kronik villitis

- VUE (villitis unknown etiology)
- Villöz matürasyon bozukluğu

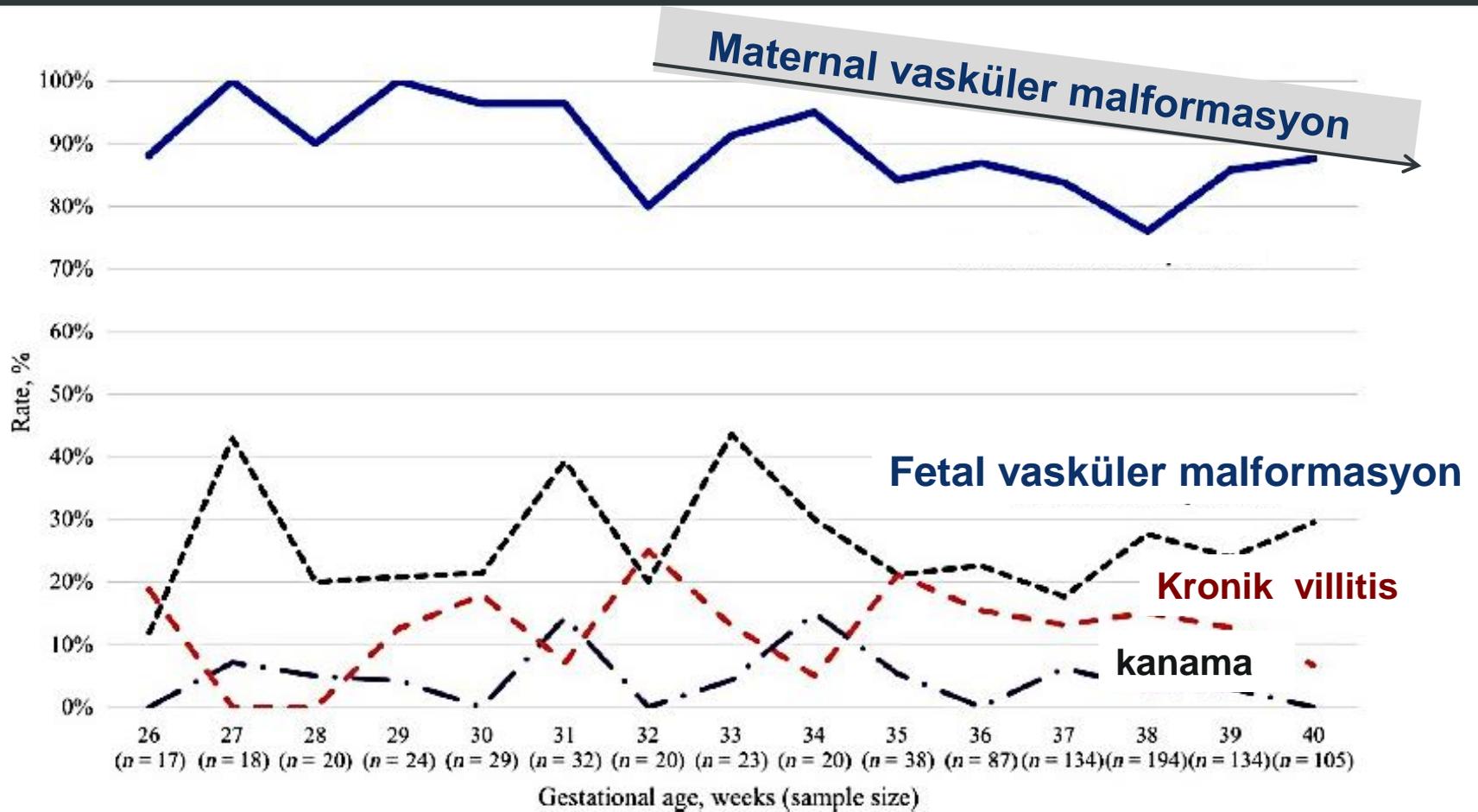
# İUGG – etyoloji



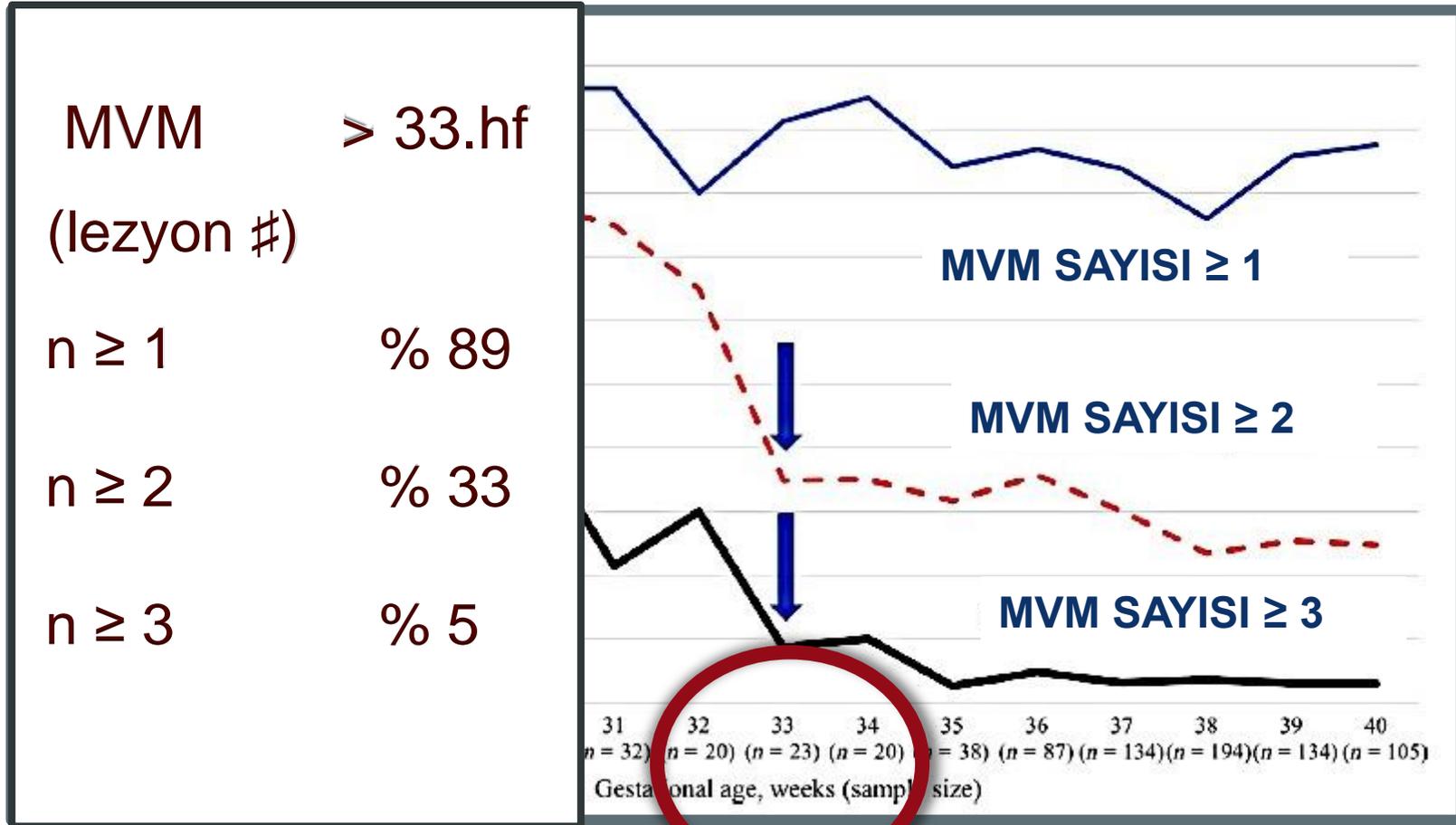
## Plasental perfüzyon bozukluđu:

- Fetal vasküler malformasyon
- Villöz anomaliler: kr.villitis, villöz matürasyon bozukluđu
- Plasental kanama
- **Maternal vasküler malformasyon**

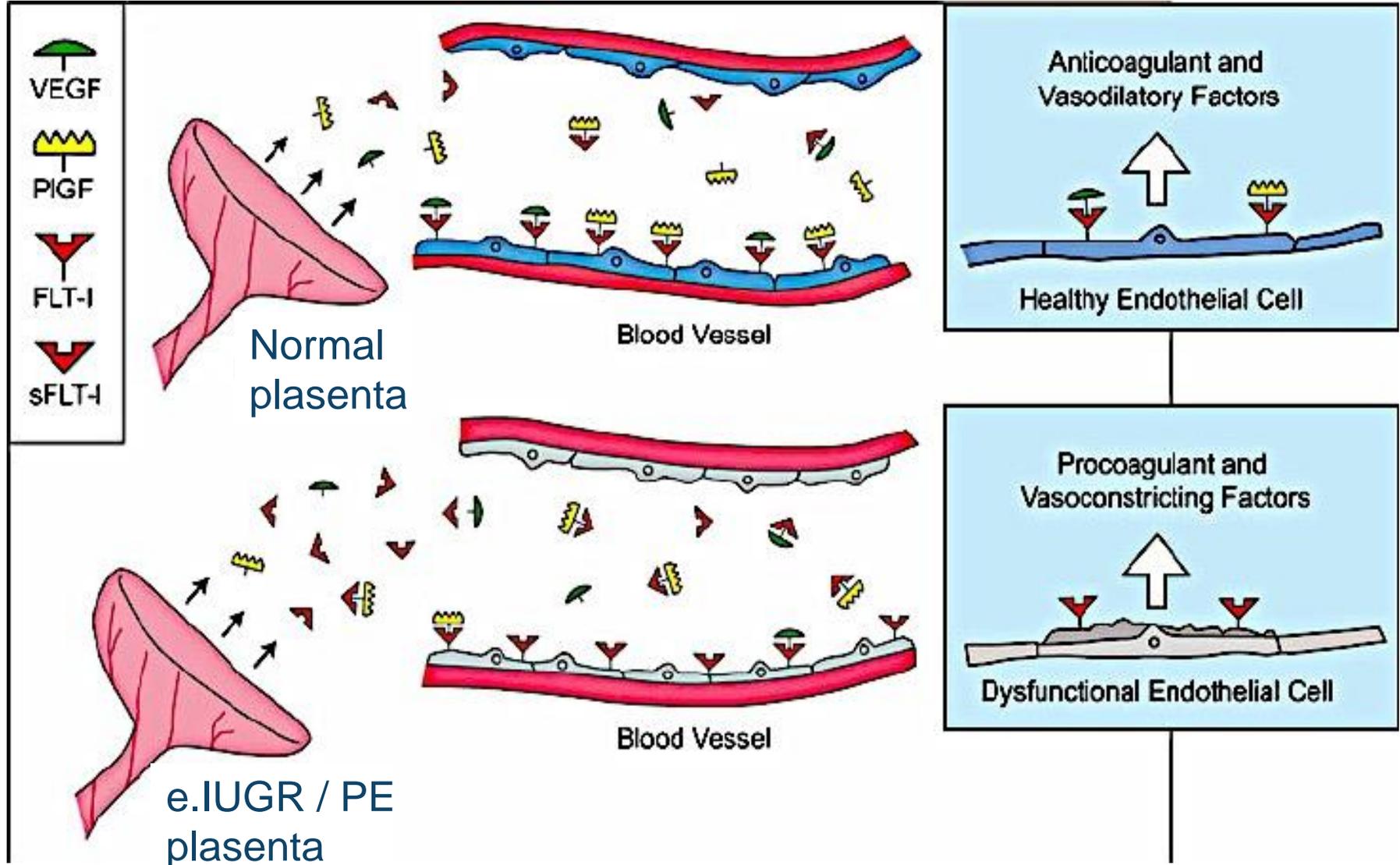
# İUGG – etyoloji



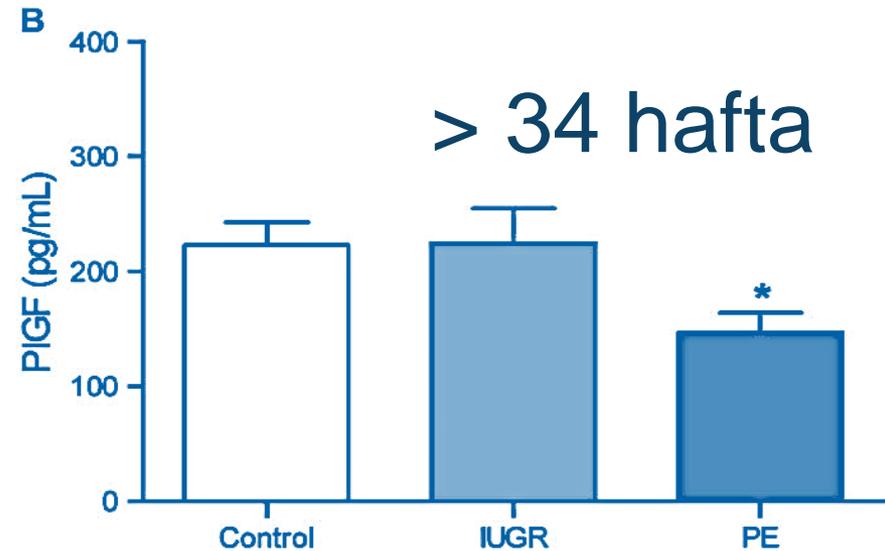
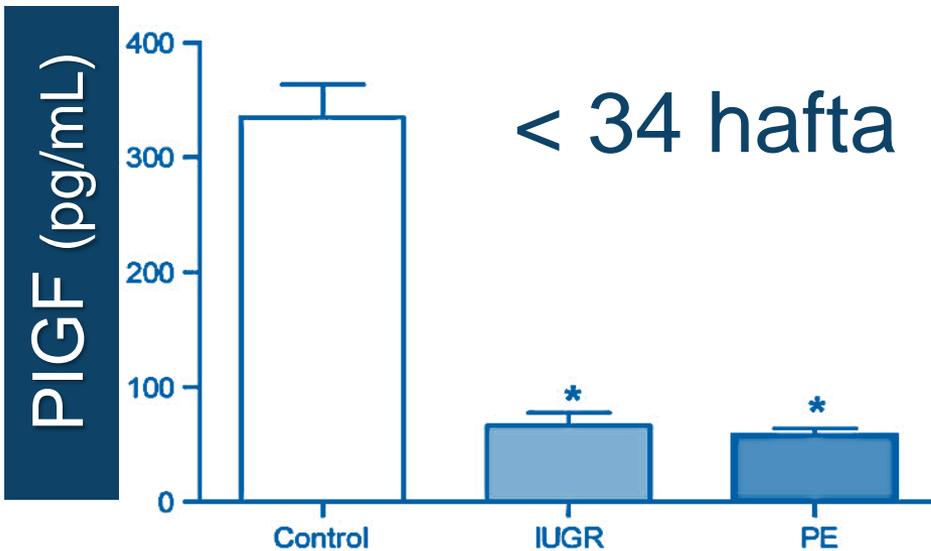
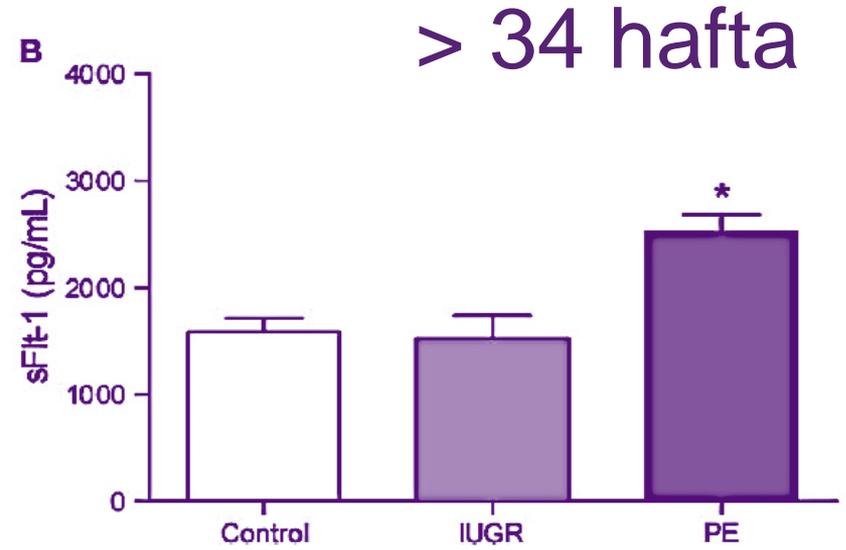
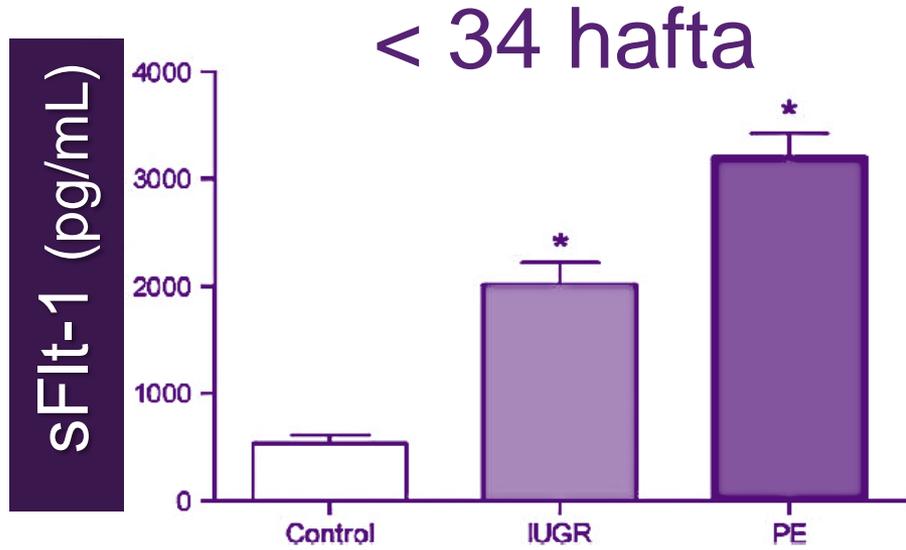
# İUGG – etyoloji



# IUGG – etyoloji



# IUGG – etyoloji

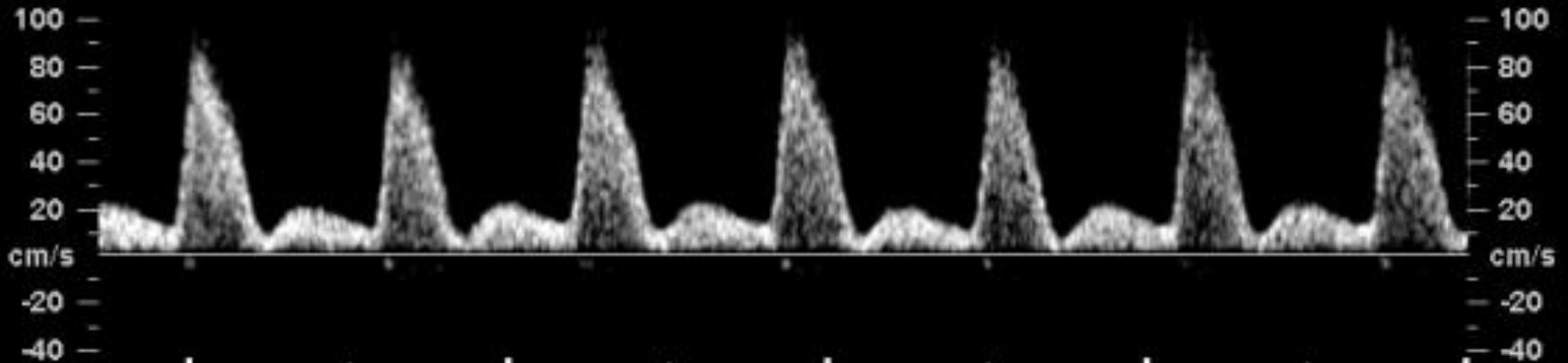


# İUGG – etyoloji

11 – 14 hafta  
patolojik uterin arter Doppler

erken / geç İUGG

% 94 / % 26



Perinatal  
mortalite / morbidite

Plasenta bulguları

Doppler bulguları

Klinik seyir

Doğum haftası

Farklı İUGG klinikleri

ERKEN İUGG

GEÇ İUGG

32 – 34 hafta

# İUGG: erken / geç

Plasental sendrom

Defektif plasantasyon

IUGR

PE

## GEÇ İUGG

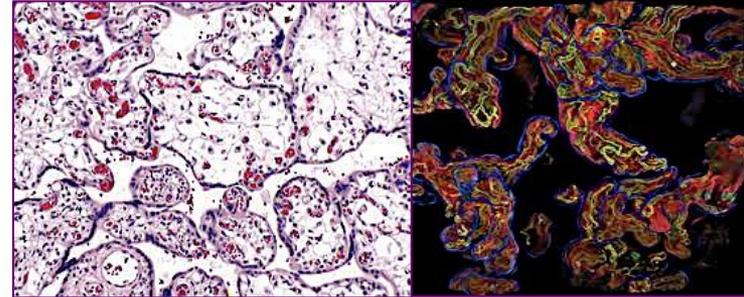
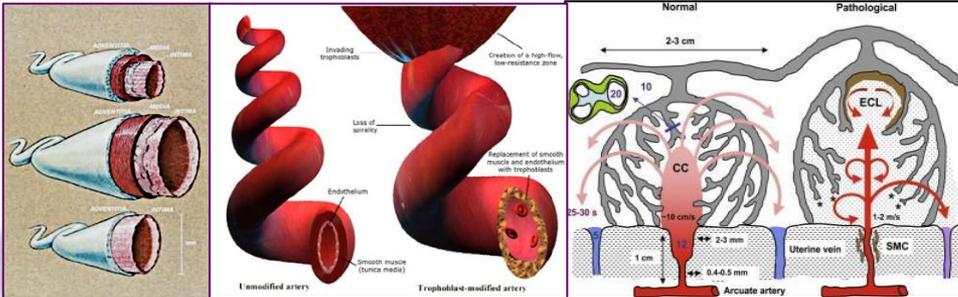
Problem: tanı

Plasental sorun +

Hafif hipoksi, santral kardiovasküler adaptasyon (+)

Hipoksik ortam (-)

Mortalite düşük, nöromorbidite



# Erken İUGG

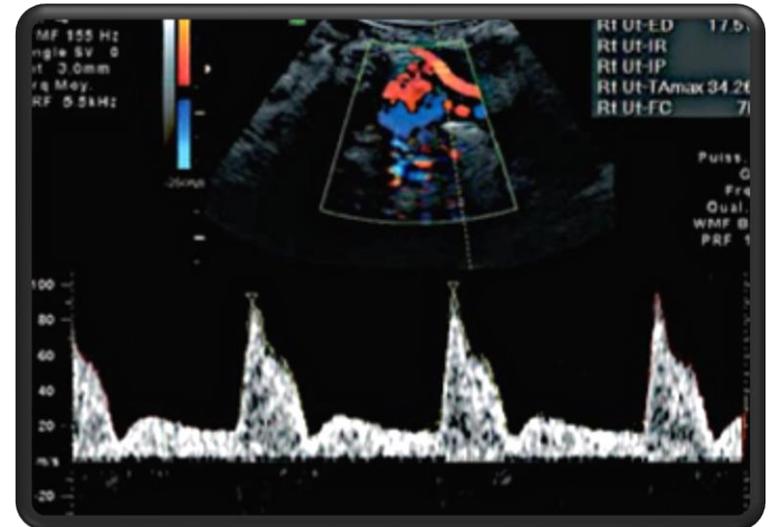
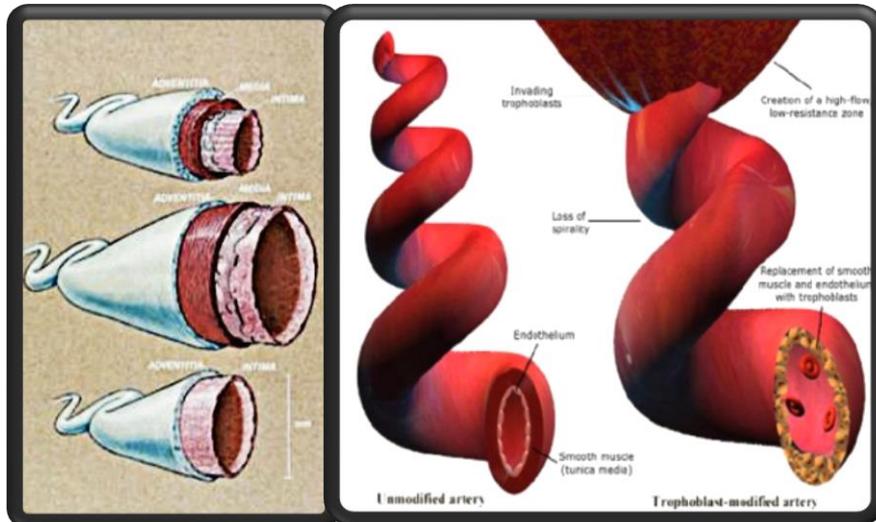
## Problemler

# Erken İUGG – uterin arter

11-14 hf uterin a. doppler: **uteroplasental hipoperfüzyon**

Erken IUGG sensitivite % 39,2 spesifisite % 93,1

- PE
- Dekolman
- Fetal kayıp
- Preterm doğum

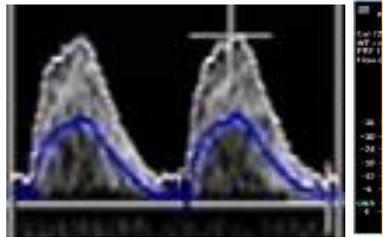


Cosmi et al, Am J Hypertension 2016

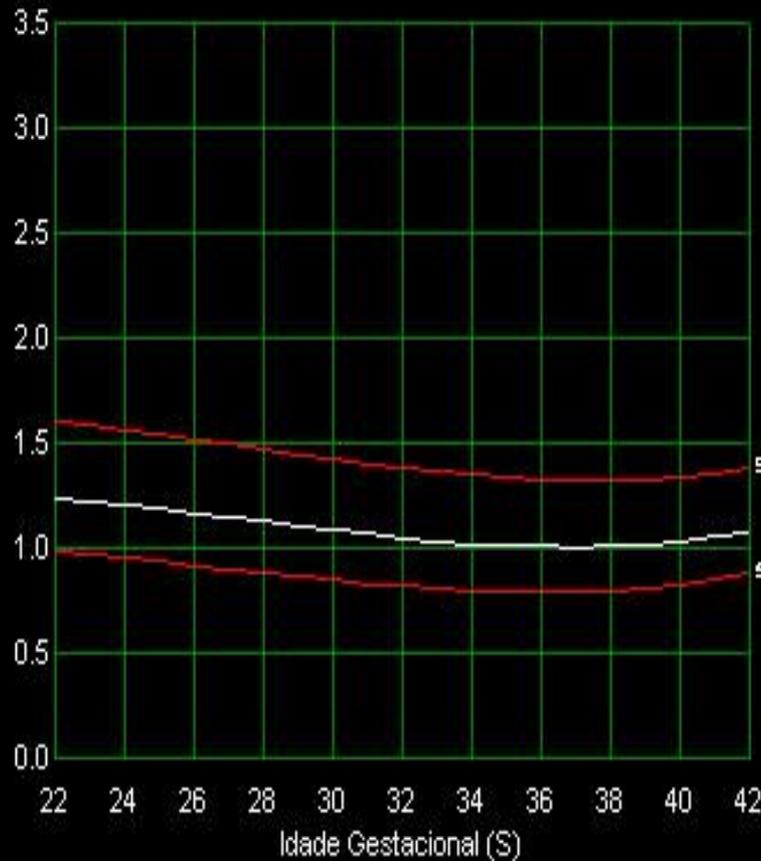
# Erken İUGG – umbilikal arter



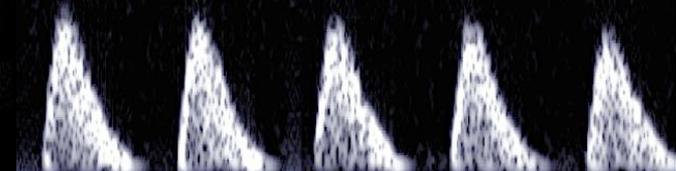
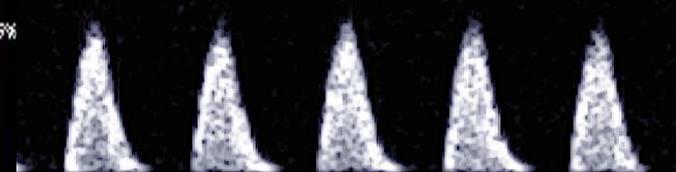
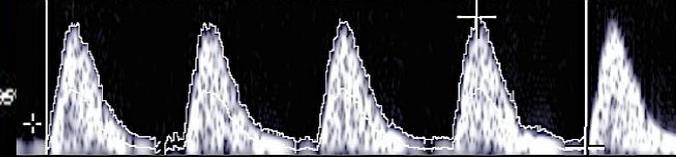
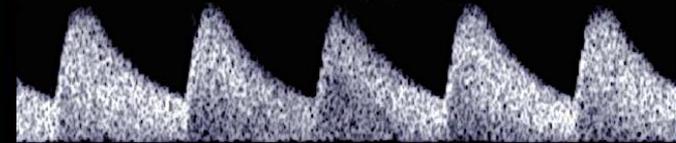
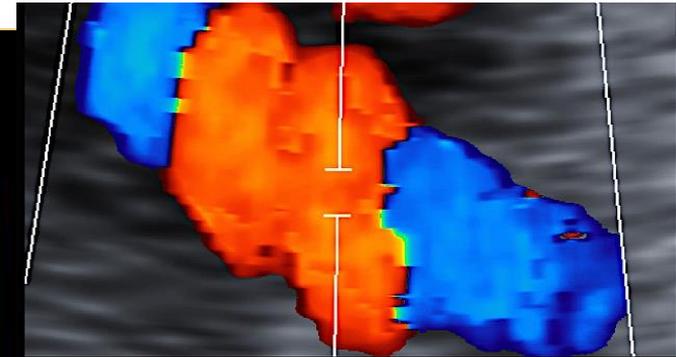
>%30



## Umbilical Artery PI



Harrigton et al, Ultrasound Obstet Gynecol. 6(1995)



Giles WB et al. BJOG 1995

# Erken İUGG – MCA

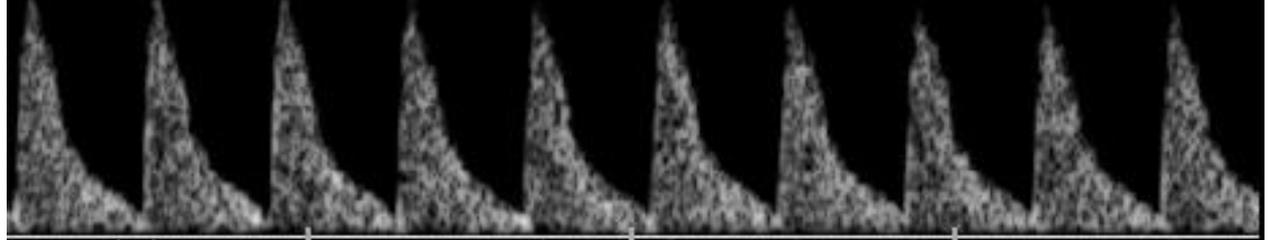


sistemik kardiovasküler adaptasyon (+)

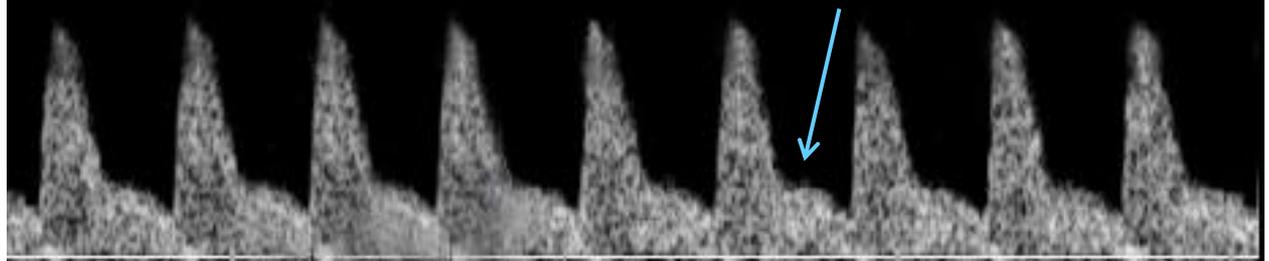
# Erken İUGG – MCA

Normal  
oksijenizasyon

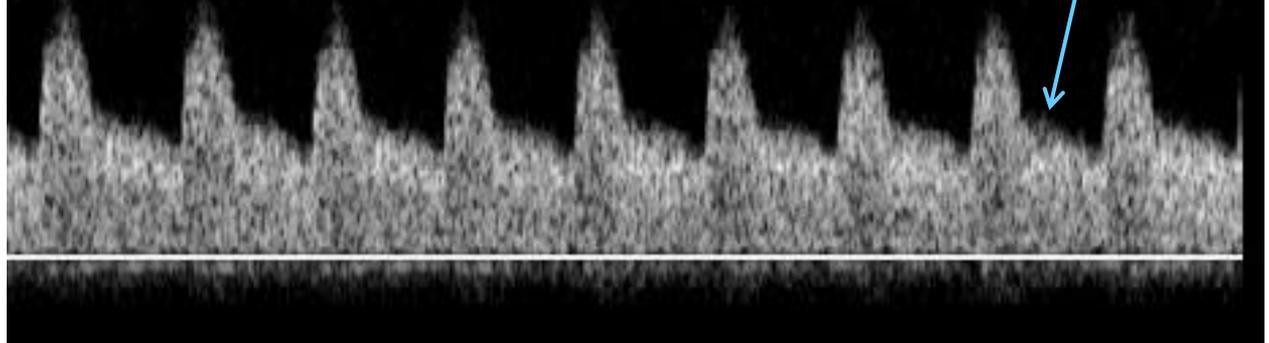
normal



hafif vazodilatasyon



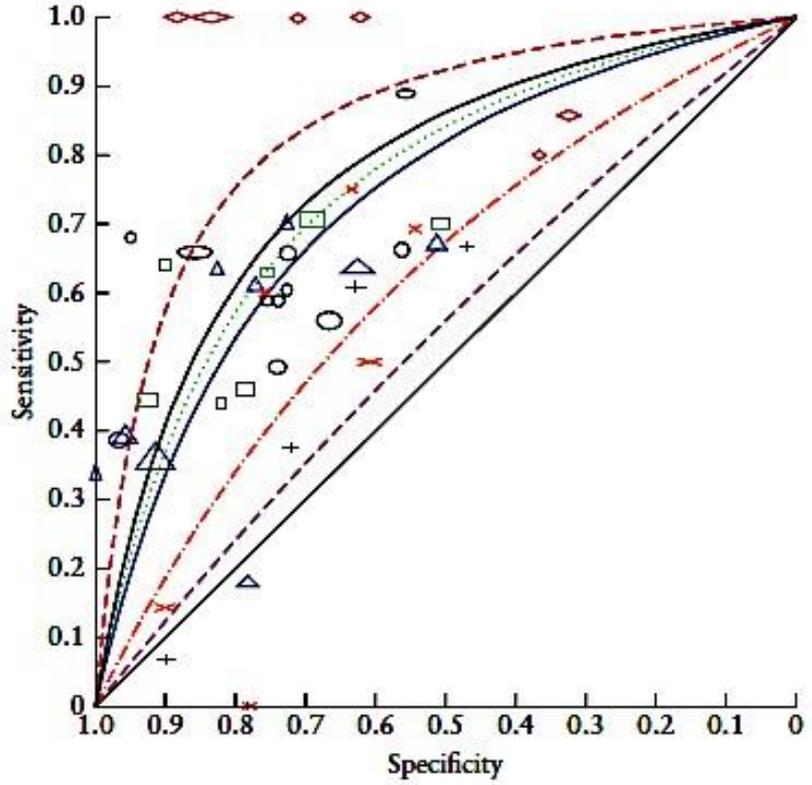
belirgin vazodilatasyon (BKE)



Hipoksi



# Erken İUGG – CPR



## Erken – İUGG

- perinatal kayıp öngörüsü ✓
- perinatal sonuç öngörüsü ↓

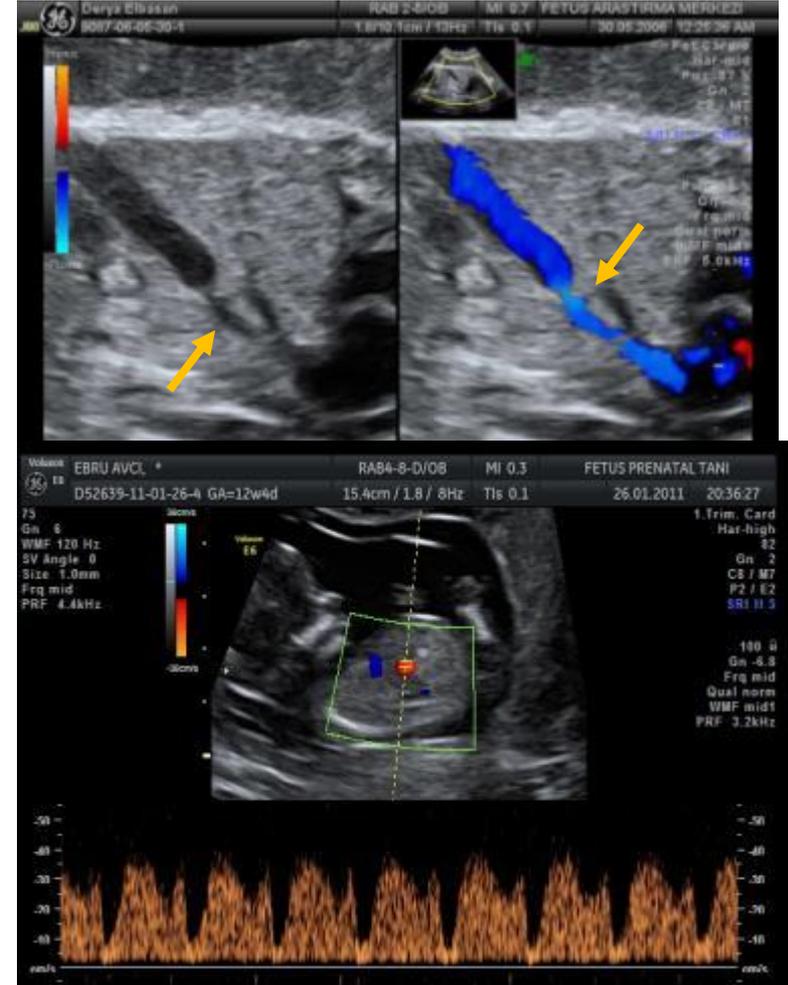
## Geç – İUGG

- UA Doppler normal olabilir
- CPR yanıtabilir

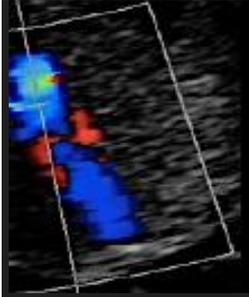
Figure 3 Summary receiver–operating characteristics curves of cerebroplacental ratio for predicting composite of adverse perinatal outcomes (○, —), perinatal death (◇, ---), Ccesaran delivery for non-reassuring fetal status (□, .....), admission to neonatal intensive care unit (Δ, —), 5-min Apgar score < 7 (x, - - -) and neonatal acidosis (+, - - -) in singleton pregnancies with fetal growth restriction suspected antenatally.

# Erken İUGG – D.venosus

- Venöz Doppler arteriyel sistemden sonra bozulur  
Pulsed Doppler örneği 0.5-1 mm
- insonasyon açısı < 30 derece
- Ventriküler fonksiyon ve düşük filtre (50-70 Hz) sağ kalp komplikasyonlarının azalmasını yansıtır
- süpürme hızı (2-3cm/sn)
- Fetal hareket ve solunumun
- **Anormal DV = myokardial olmadığı dönemlerde iskemik, asidemik ve kötü perinatal akibet**



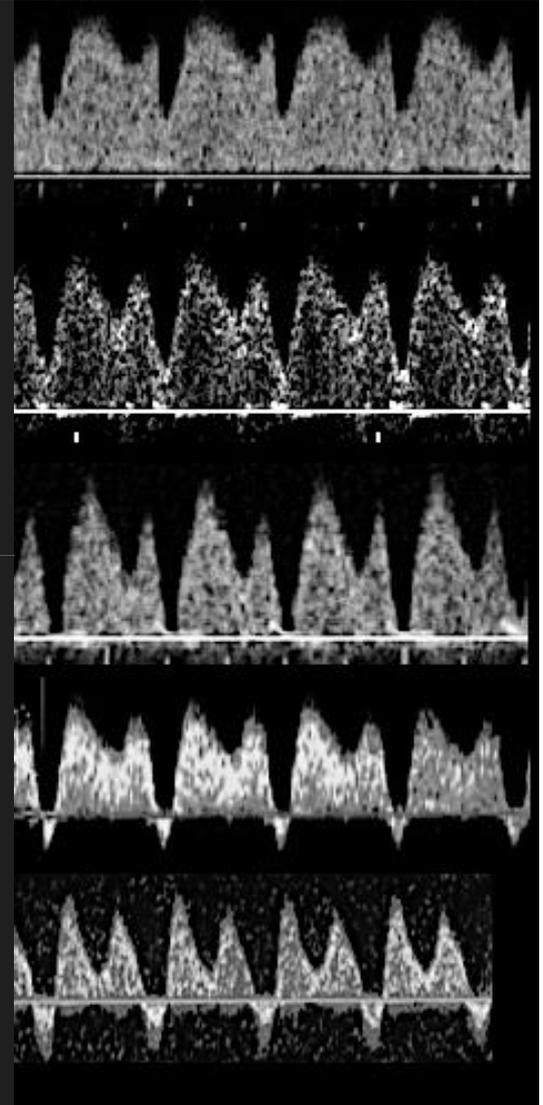
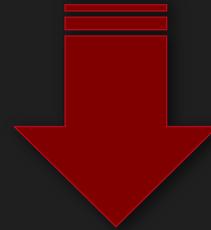
# Erken İUGG – D.venosus



Sağ kalpte  
komplians normal  
Myokardial iskemi  
yok



Sağ kalpte  
komplians azalması  
Myokardial iskemi  
bulgusu



# Erken İUGG – D.venosus

DV a dalgası yokluğu .....  
veya ters a dalgası .....

DV PI > 95. ps .....

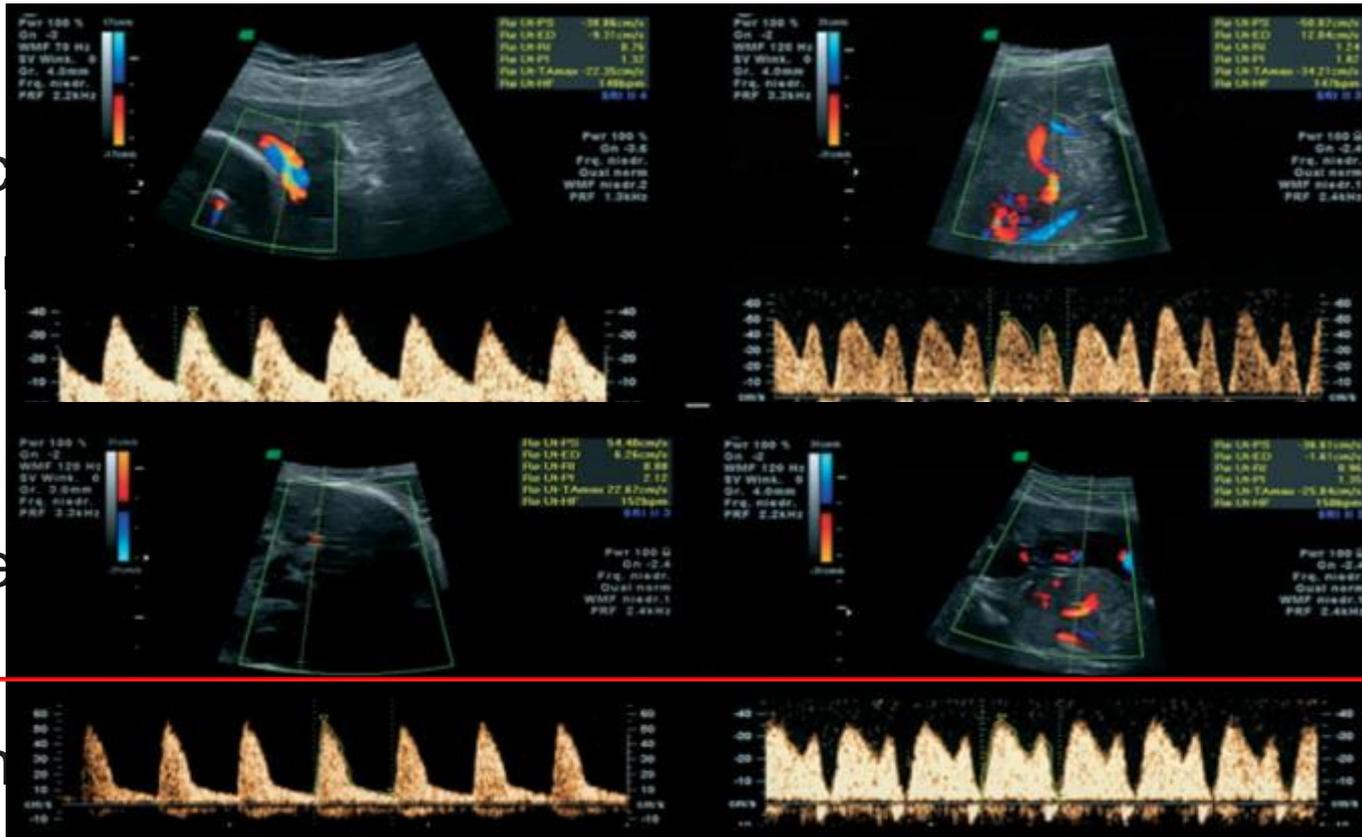
tüm gebelik haftalarında IU fetal  
kayıp riski (% 40 – 70)

olumsuz perinatal sonuçlar

Dall'Asta et al.  
Maternal Health, Neonatology, and Perinatology 2017.

# Large variations in DV waveforms ranging from positive to reversed flow during atrial contraction

While we strongly believe that flow measurement in the DV is an important indicator of fetal condition.



These observations represent

was not

Caution to trigger

measurements

➤ A common

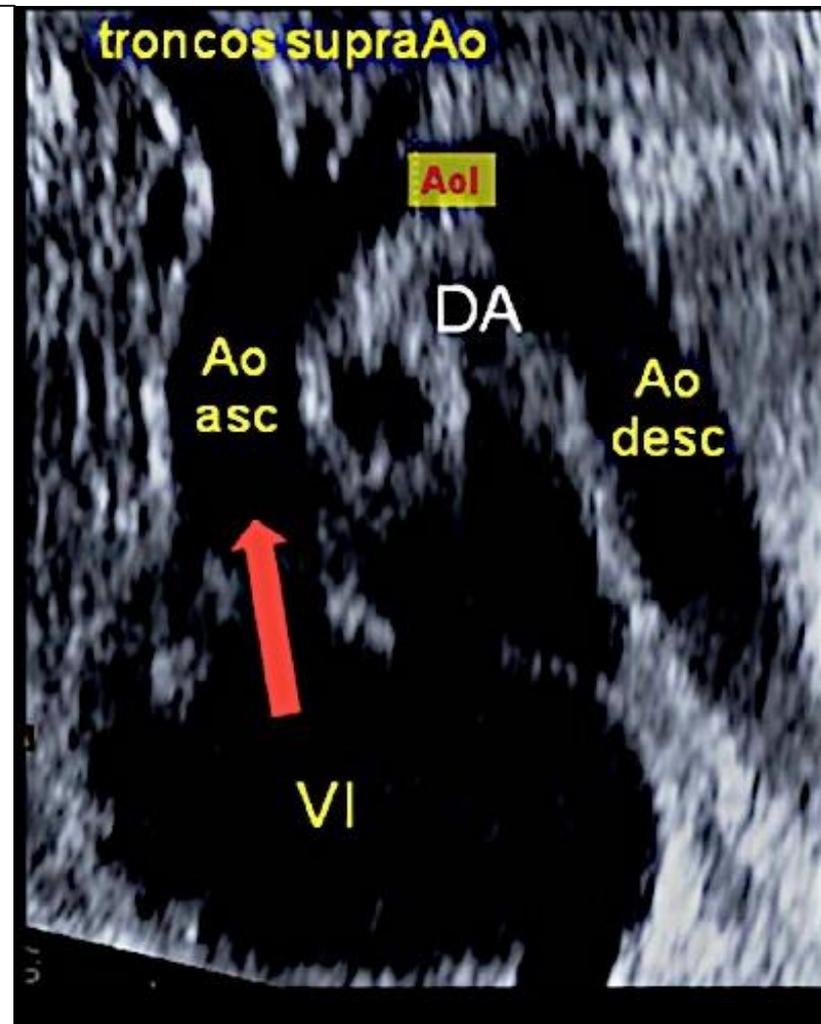
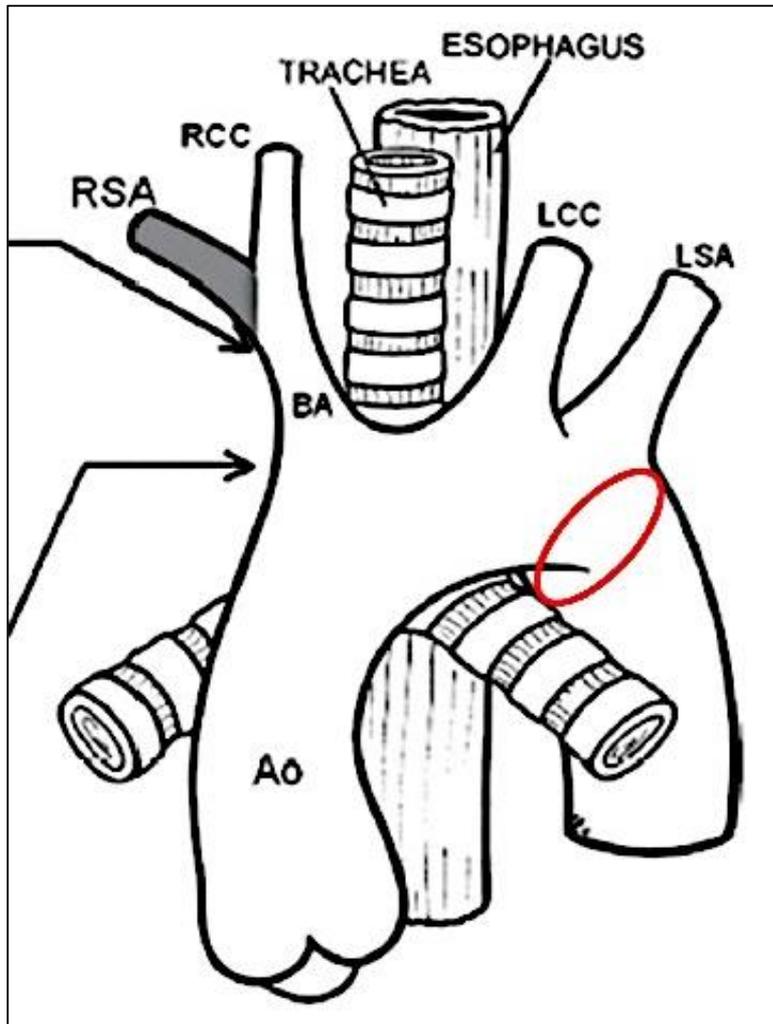
best

approach.

A. Diemert and K. Hecher

Ultrasound Obstet Gynecol 2009; 34: 605–608.

# Erken İUGG – aortik istmus



Fouron AJOG 2001  
Del Rio UOG 2006

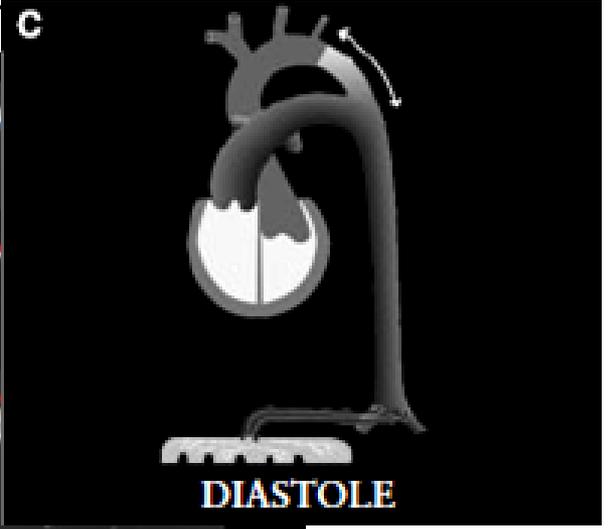
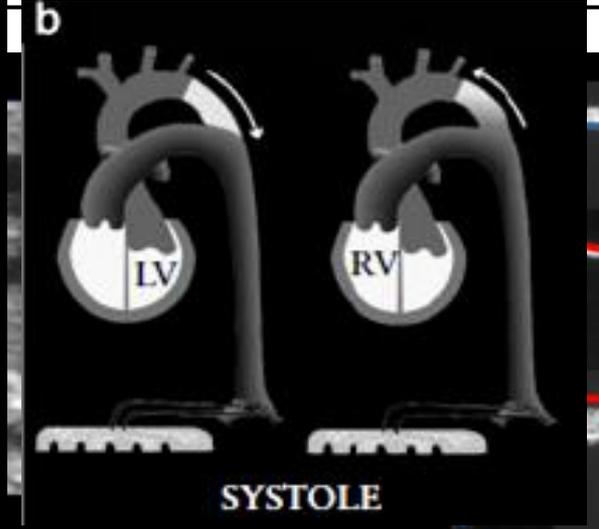
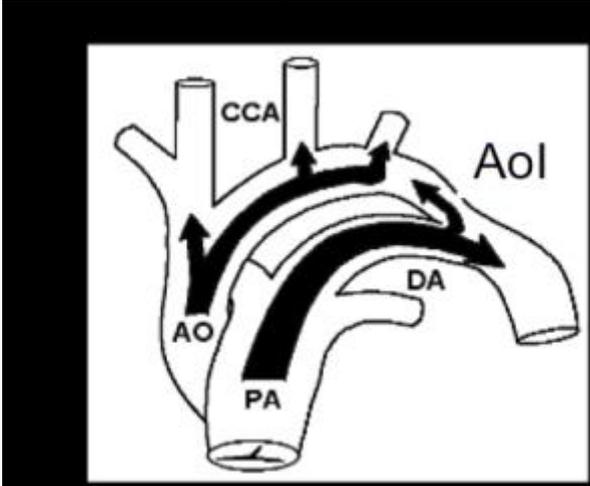
# Erken İUGG – aortik istmus

- Aortik istmus

Serebral impedans ↔ plasental impedans farkını yansıtır

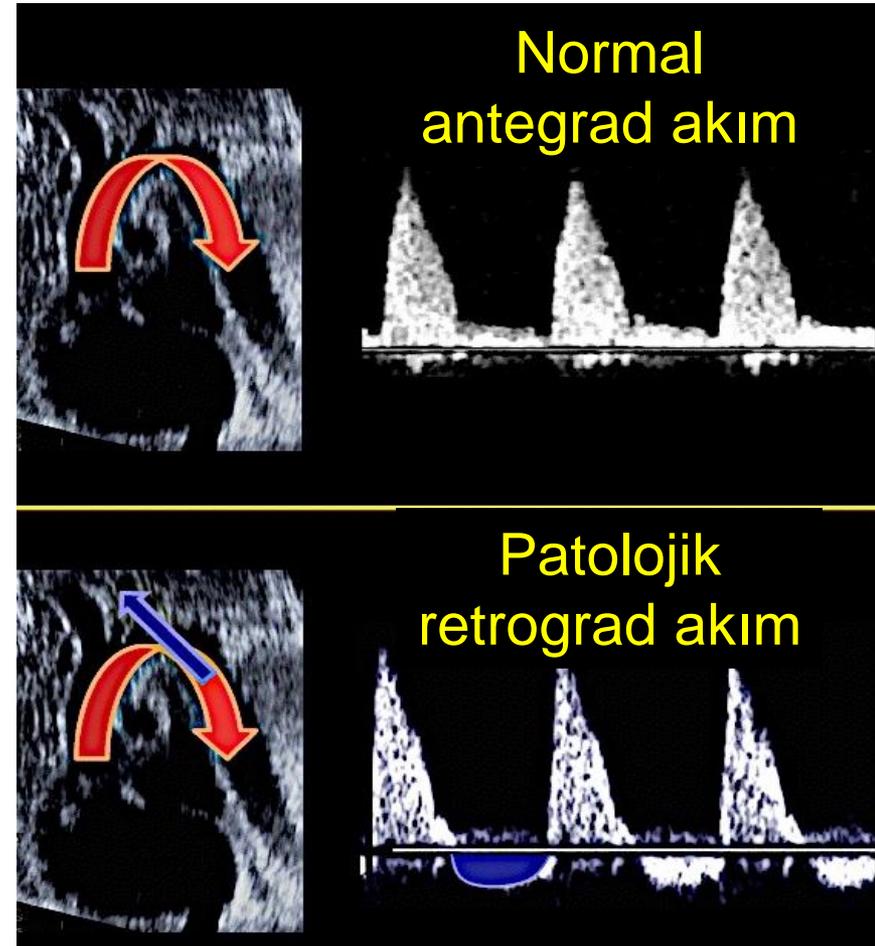
- RV dolaşım  $\approx$  LV dolaşım  $\approx$  sistolik + diastolik velosite
- $IFI = \frac{\text{sistolik velosite} + \text{diastolik velosite}}{\text{sistolik velosite}}$
- $RV - LV$  paralel outflow sistemi arasında dengeleyici link

Normal koşullarda serebral impedans > plasental impedans



# Erken İUGG – aortik istmus

GA (weeks)	Mean	95% CI	SD
18	1.327	1.263–1.392	0.033
19	1.323	1.247–1.399	0.039
20	1.318	1.230–1.406	0.045
21	1.313	1.213–1.413	0.045
22	1.309	1.197–1.420	0.057
23	1.304	1.180–1.428	0.063
24	1.299	1.164–1.435	0.069
25	1.295	1.147–1.442	0.075
26	1.290	1.130–1.449	0.081
27	1.285	1.114–1.456	0.087
28	1.280	1.097–1.464	0.094
29	1.276	1.081–1.471	0.100
30	1.271	1.064–1.478	0.106
31	1.266	1.047–1.485	0.112
32	1.262	1.031–1.493	0.118
33	1.257	1.014–1.500	0.124
34	1.252	0.997–1.507	0.130
35	1.247	0.981–1.514	0.136
36	1.243	0.964–1.521	0.142
37	1.238	0.948–1.529	0.148
38	1.233	0.931–1.536	0.154
39	1.229	0.914–1.543	0.160



# Erken İUGG – aortik istmus

The unrecognized physiological and clinical significance of the fetal aortic isthmus  
J.-C. FOURON

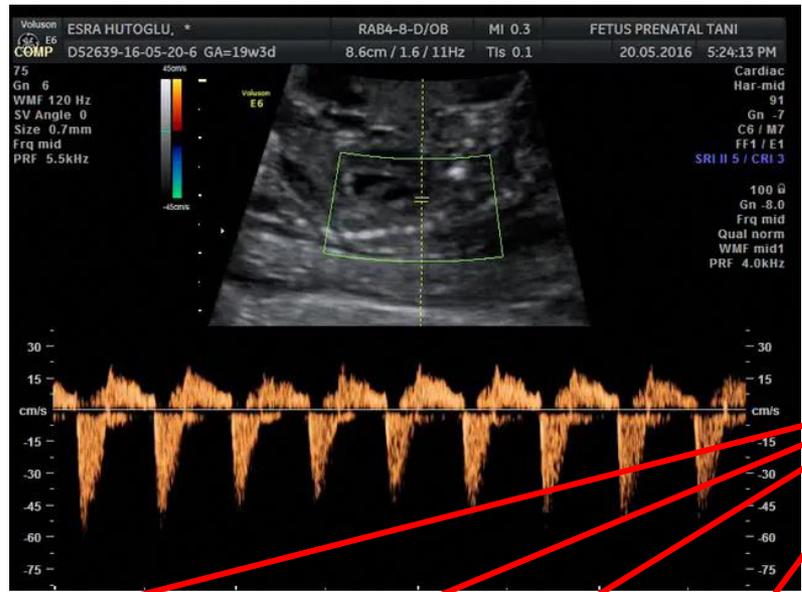
## İUGG

Plasental impedans ↑↑

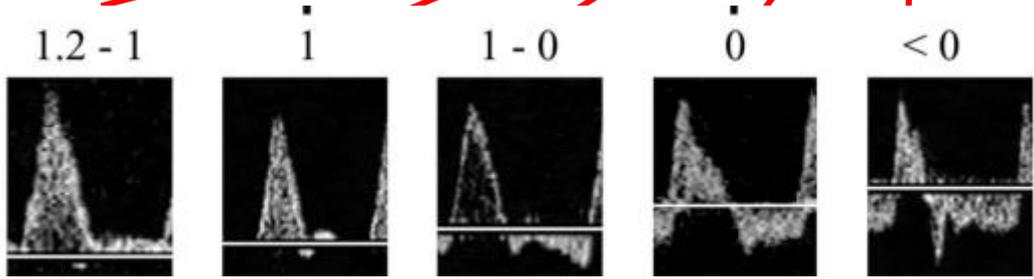
Umbilikal akım ↓

Aol akım retrograd → **IFI < 1**

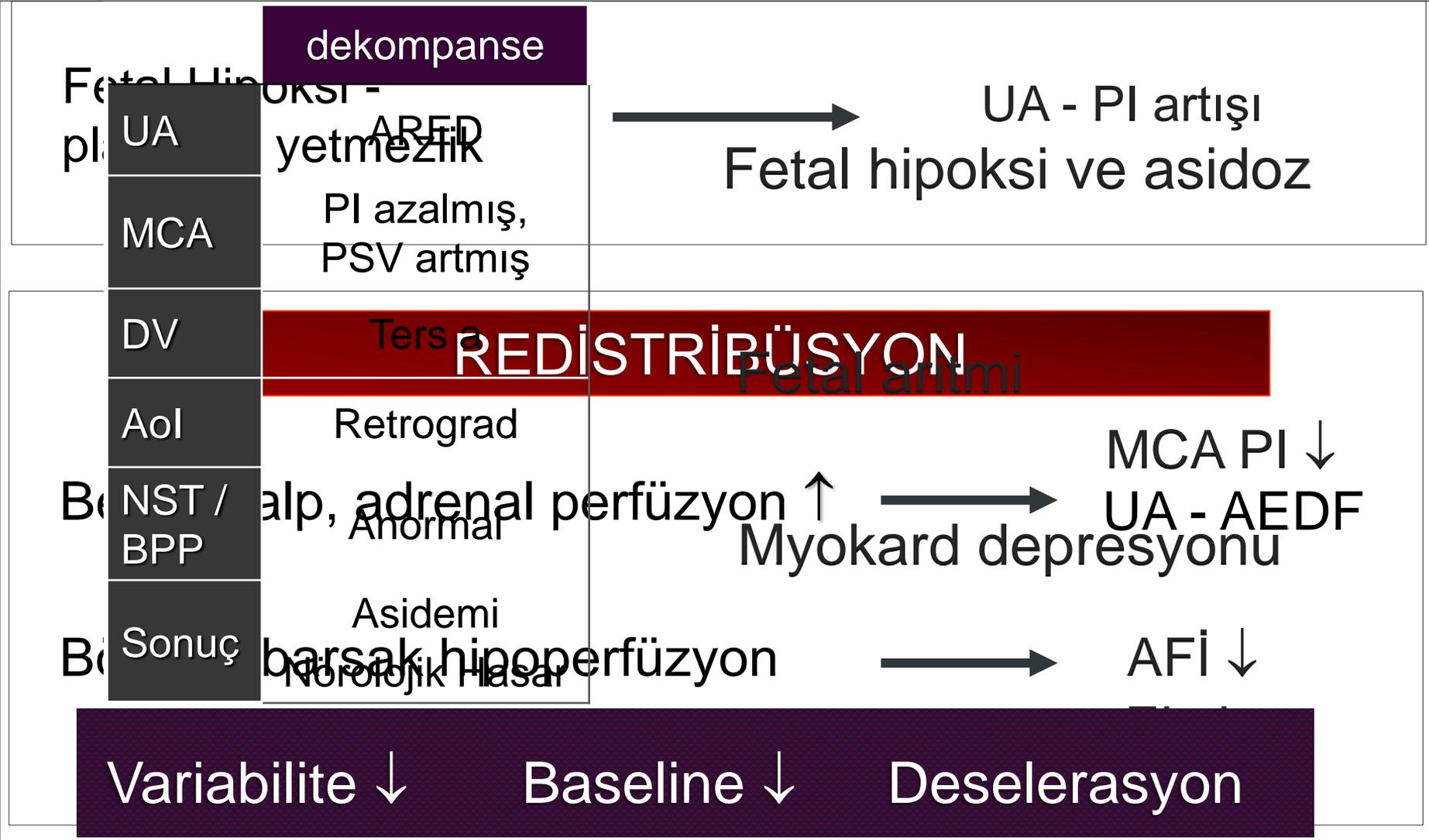
- myokard  $O_2$  ↓↓
- LV fonksiyonu ↓↓
- serebral perf. ↓↓
- nöromorbidite ↑↑



**IFI**



# İUGG: dekompanse



# Erken İUGG – değerlendirme

	Fetus adapte + kompanse	Fetus dekompanse	Fetus dekompanse PNM / M
Umbilikal A. Doppler	Anormal	Anormal	Anormal
MCA Doppler	Anormal	Anormal	Anormal
Venöz + Ao I Doppler	Normal	a dalga kaybı	a dalgası ters
NST* / BPP	Normal	Normal	Anormal
Sonuç	İyi	hafif-orta asidemi ağır hasar riski ↓	Ağır asidemi Nörolojik Hasar ↑

\*c KTG

# Erken İUGG – diğer bulgular

oligohidramnios

hiperekojen ve dilate barsak ansı

$AFI < 5.0\text{cm}$

En büyük cep  $< 2.0\text{cm}$



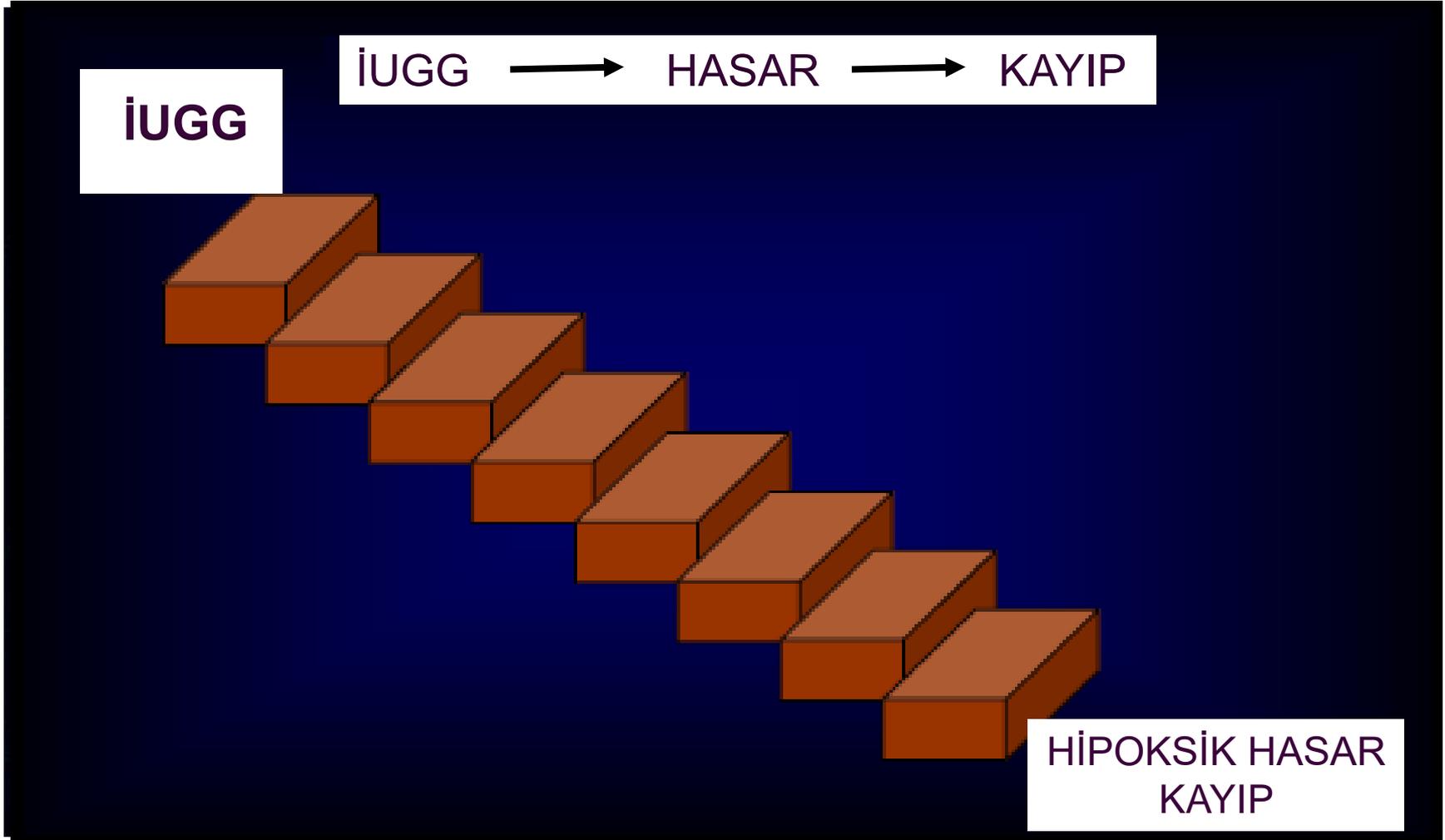
# Erken İUGG – diğer bulgular

## Biofizik profil

Skor	Perinatal Mortalite ( /1000)
8-10	1.86
6	9.76
4	26.3
2	94.0
0	285.7

# Erken İUGG – diğer bulgular

## KTG / CST / cKTG



# Erken İUGG – diğer bulgular



## KTG

Normal fetus → fetus iyilik hali ✓

### > 26 hafta İUGG

- Perinatal akibet konusunda c KTG  $\cong$  DV
- Birinde bozulma olursa → **doğum**
- Fetal kalp hızı

## cKTG

- STV

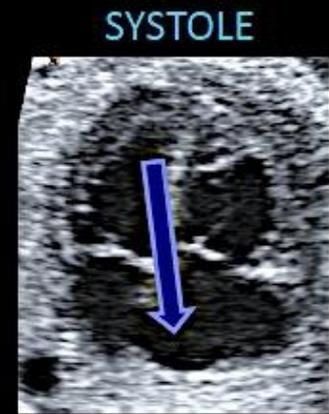
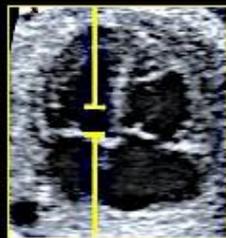
IUGG fetus

Perinatal mortalite / morbidite bilgisi ✓  
(DV ters a dalgası ile eşdeğer)

# Erken İUGG – MPI

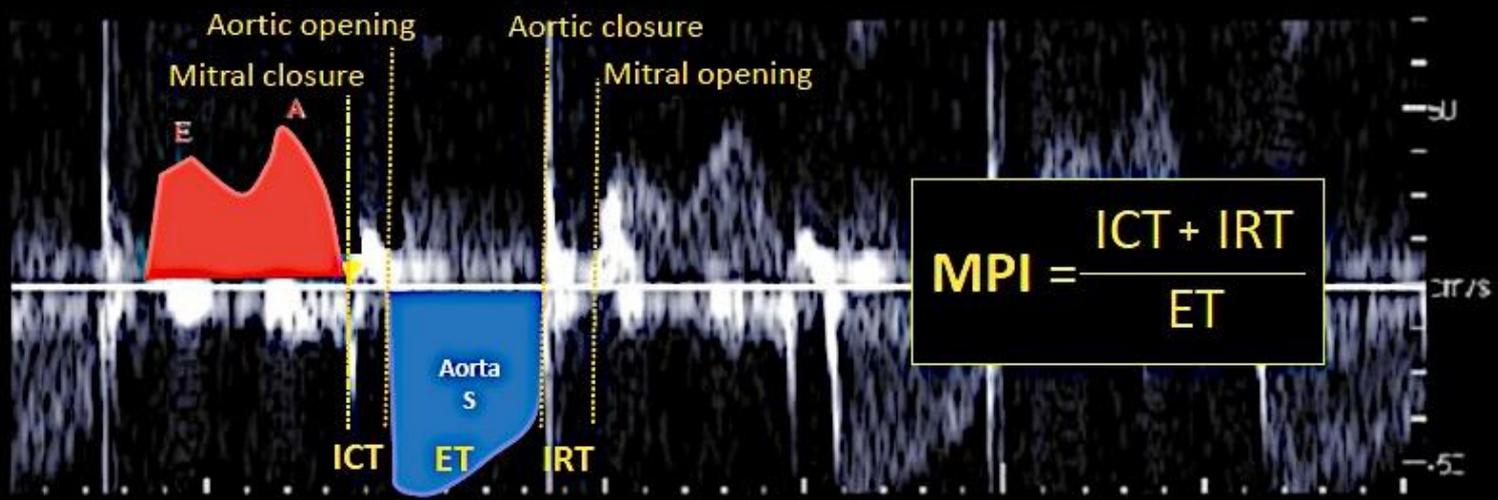


## conventional Doppler MYOCARDIAL PERFORMANCE INDEX



Sample 4-5 mm  
Maximum sweep  
Gain 60 Hz

LIMITATIONS  
Variability  
Interpretation



# Erken İUGG – MPI

## limitations of fetal cardiac function

- Fetal position
- Fetal movement
- Fetal size
- Fetal heart rate and high frame rate
- Impossibility of fetal ECG
- Understanding requirements and rationale
- Differences in algorithms/processing
- Fetal differences with postnatal life:
  - Cardiomyocyte maturation
  - Geometry/deformation

### Strict criteria

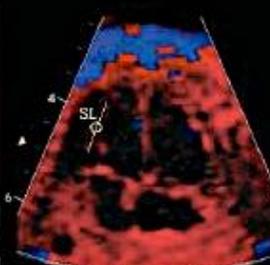
Definition of fetal physiology

Understanding limitations

Application to clinical conditions



Paladini 2000



Larsen 2006



Crispi 2012

# Erken İUGG – yönetim



## Erken IUGR (< 32 hafta)

Artmış UA Doppler PI

Doppler x 2 / hf + BPS x 1 / hf

MCA – BKE

1 / hf + BPS x1 / hf

UA – AEDV

Kliniğe yatış,

Doppler x 2 / hf + BPS x 1 / hf

UA – REDV

Kliniğe yatış

DV - PI artmış

Doppler x 3 / hf + BPS x 2 / hf

± oligohidramiyon

NST / gün

(vertikal baş > 2 cm)

DV a dağınılığı yok / ters a

Kliniğe yatış + Doppler / gün +  
BPS, doğuma hazırlık

Doğum Kararı?

# GRIT Çalışması



	Hemen doğum	İzlem
GRIT (başvı/ doğum) OR (başvı/ doğum) gün	30-34 Hemen doğum	29-34 İzlem
Doğum Ağırlığı (g)	1200 (875-105)	1400 (930-1940)
< 31 hafta	% 13	% 5

“fetusu bir an önce çıkarıp kurtarma” yaklaşımı desteklenmiyor

Neonatal ölüm

23 (%7.8)

12 (%4.1)

Infant wellbeing at 2 years of age in the Growth Restriction Intervention Trial (GRIT): multicentred randomised controlled trial. Thornton JG, et al. Lancet. 2004 7-13; 364: 513-20

# TRUFFLE Çalışması



*Ultrasound Obstet Gynecol* 2013; 42: 400–408

Published online in Wiley Online Library (wileyonlinelibrary.com). DOI: 10.1002/uog.13190

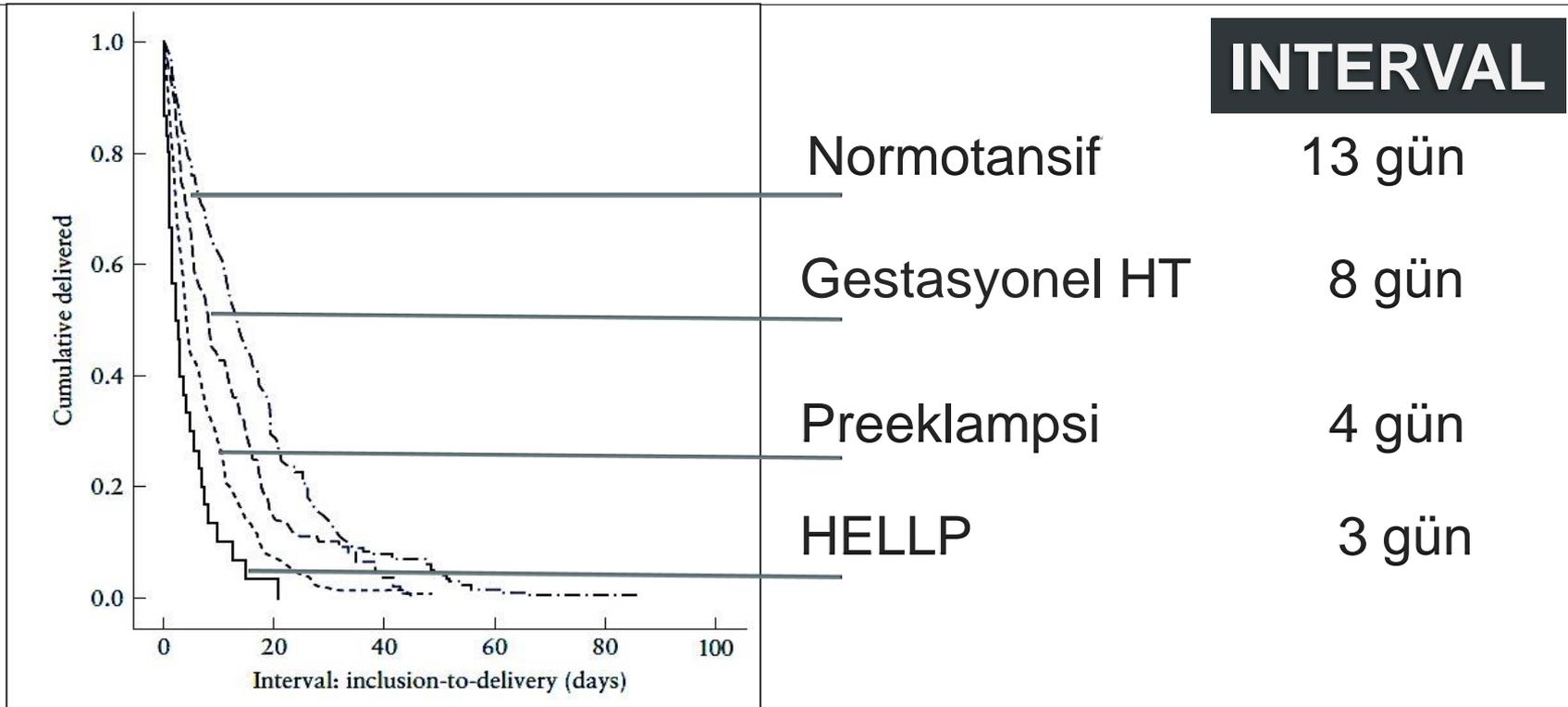


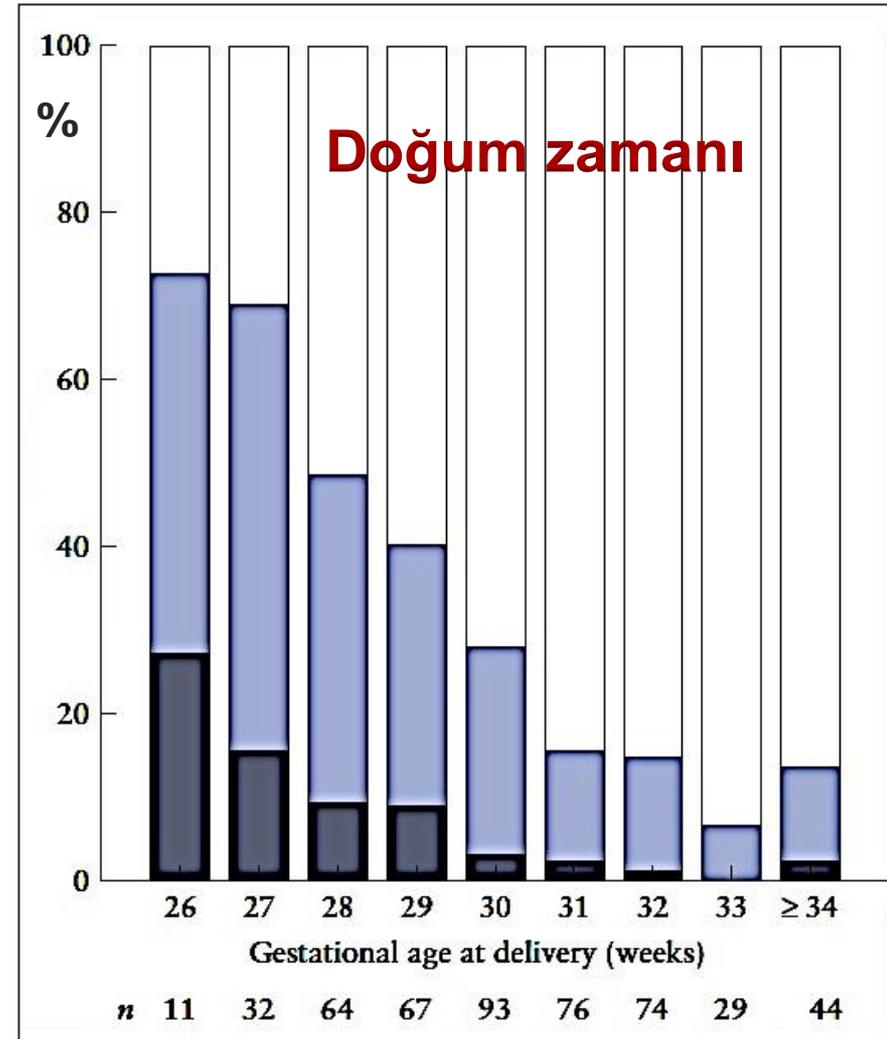
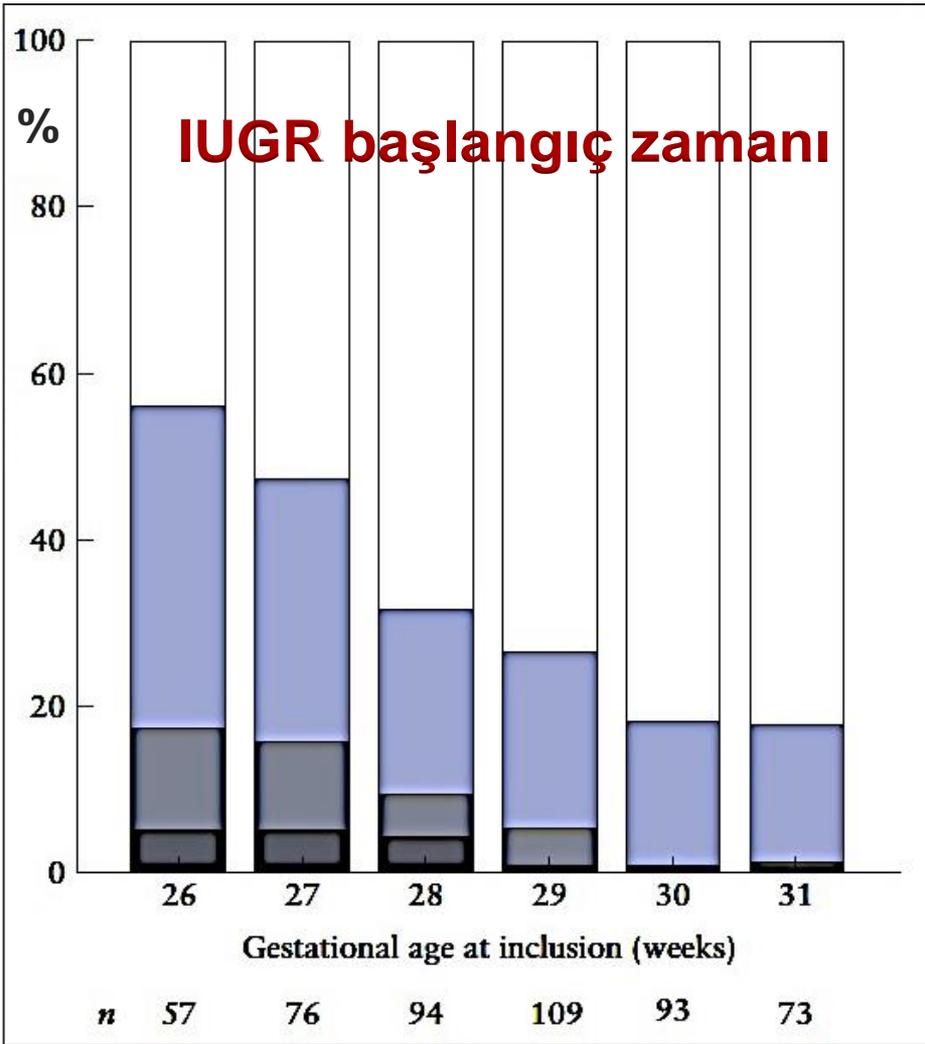
## Perinatal morbidity and mortality in early-onset fetal growth restriction: cohort outcomes of the trial of randomized umbilical and fetal flow in Europe (TRUFFLE)

*C. Lees, N. Marlow, B. Arabin, C. M. Bilardo, C. Brezinka, J. B. Derks, J. Duvekot, T. Frusca, A. Diemert, E. Ferrazzi, W. Ganzevoort, K. Hecher, P. Martinelli, E. Ostermayer, A. T. Papageorgiou, D. Schlembach, K. T. M. Schneider, B. Thilaganathan, T. Todros, A. Van Wassenaer-leemhuis, A. Valcamonico, G. H. A. VISSER and H. Wolf, on behalf of the TRUFFLE Group*

# TRUFFLE

- N = 503 gebe
- IUGR tanı zamanı
- ortalama hafta  $29 \pm 1.6$  hafta
- ortalama fetal ağırlık  $881 \pm 217$  g.





□ Ciddi morbidite yok

■ Neonatal kayıp

■ Ciddi morbidite var

■ Fetal kayıp

# TRUFFLE

## Sonuçlar:

- Fetal sonuçlar umulandan daha olumlu
  - Perinatal kayıp: % 8
  - Ciddi morbiditesiz yaşam: % 70
  - Tanı konan ve doğumda gebelik haftası
  - Maternal koşullar
  - Hipertansiyon +
- |   |   |
|---|---|
| [ | <ul style="list-style-type: none"><li>- Ciddi morbidite: yüksek</li><li>- Perinatal kayıp: yüksek</li><li>- IUGR – doğum interval: kısa</li></ul> |
|---|---|

# Erken İUGG – karar (26 – 28 hf)

Neonatal sürvi % 50

Sağlıklı sürvi % 30

## UA – ARED, doğum kararı?

1. Maternal koşulların olumsuzluğu → **doğum**
2. Fetal asidemi lehine bulgu varlığı → **doğum**

- patolojik DV Doppler (ters a dalgası)
- anormal NST (kategori 3), BPS  $\leq$  6
- asidemi lehine USG bulguları (+)
  - periventriküler ekojenite
  - kardiyomegali
  - ekojen / dilate barsak ansı

# Erken İUGG – karar (28 – 32 hf)

Neonatal sürvi	28. hafta % 70	32. hafta % 90
Nöromorbidite riski	< 30. hafta: yüksek	

## ■ Patolojik arteryel Doppler bulgusuna ek olarak

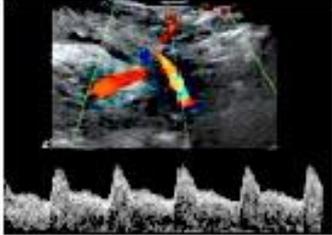
- DV a dalga kaybı
  - ve / veya
  - NST kategori 3 varlığı
- } **doğum**

- Kortikosteroid
  - MgSO<sub>4</sub>
- > < 34. hafta

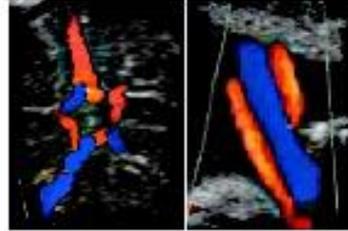
# Geç İUGG

> 32 – 34 hafta küçük fetus  
ayırıcı tanı  
Geç İUGG vs SGA

UtA  
>p95



CPR  
<p5



EFW CENTILE <3

# Geç İUGG

PLACENTAL DISEASE

COMPENSATED HYPOXIA

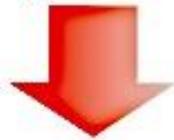
DECOMPENSATED HYPOXIA

SERIOUS INJURY  
DEATH

- Plasental yaygın disfonksiyon yok
- Villöz matürasyon yetersizliği var
- Plasental hasar – disfonksiyon  $\leq$  % 30

- Hafif hipoksi ortamı
- Hipoksiye **minimal tolerans**

growth



DUCTUS VENOSUS >p95 and a-

- Fetal redistribüsyon yok
- **Kardiovasküler adaptasyon yok**
- Sentral vasküler değişiklik var

# Geç İUGG

- 3. trimesterde plasental disfonksiyon: **villöz immatürite**
- Plasental disfonksiyona bağlı **hipoksi**: ilk hemodinamik değişiklik **serebral vazodilatasyon: MCA – PI azalır**
- **Serebro-plasental oran (CPR):**  $MCA - PI / UA - PI$
- **CPR < 1** : İUGG fetusun hipoksemiye olan yanıtını gösterir
- Sınırlı plasental disfonksiyon nedeniyle  $UA - PI$  normal ve **CPR false > 1** olabilir

# Geç İUGG - karar

## DIGITAT

The Disproportionate Intrauterine Growth Intervention Study at Term

- İUGG 36 – 41 hafta
- **38. haftada doğum indüksiyonu**
  - Minimum neonatal morbidite
  - Minimum fetal kayıp riski
  - Vaginal doğum / sezaryen oranına etkisi yok

# Geç İUGG - karar



## PORTO

Optimizing the definition of intrauterine growth restriction: the multicenter prospective PORTO Study

### Geç - İUGG grup:

- Normal UA Doppler + kötü perinatal sonuçlar
  - olguların % 46'da UA Doppler normal !!!
  - açıklanamayan term kayıp
  - beklenmeyen intrapartum hipoksi
  - serebral palsy

Unterscheider J, Daly S, Geary MP, et al.. Am J Obstet Gynecol 2013

# IUGG – evreleme / karar

Gratacos E, Barcelona



## Protocol IUGR

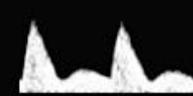
First step: UtA + CPR + EFW = SGA or IUGR

I low EFW (<p3) or mild placental resistance / redistribution

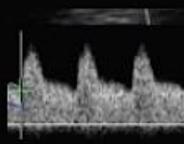
CPR  
<p5



Ut A  
>p95



MCA  
<p5

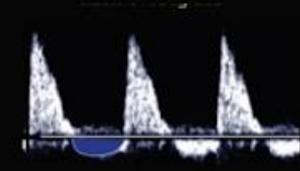


II Severe placental resistance / redistribution

AEDV

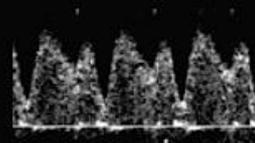


Aol >p95

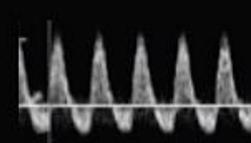


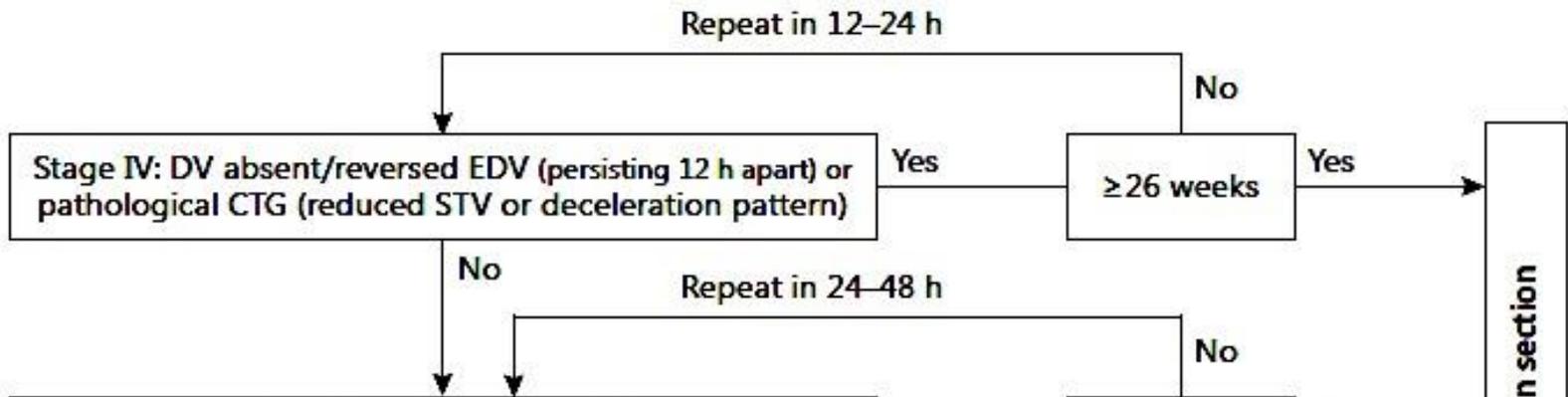
III Severe hemodynamic adaptation  
- Low suspicion acidosis

DV >p95



REDV





EVRE – I

NORMAL UA – MCA

EVRE - II

ANORMAL UA – MCA PI

EVRE - III

UA – AREDV

EVRE - IV

DV – AREDV

Mari GC,



2018

# iUGG – evreleme / karar



Multi-platform calculator for the Integrated Management of Fetal Growth Restriction

**fetal iD**

Gestational Age:

37

1

Last Menstrual period:

1/1/2014

EFW:  Percentile:

Gender:  Female  Male

UA Doppler PI:  Percentile: 70

UA Diastolic flow:

MCA Doppler M.CA PI:  Percentile:

Ut.A Right Doppler:

Ut.A Left Doppler:

CPR (Percentile:1)

Ao Isthmus Diastolic Flow:

DV PI:  Percentile: 50

D.V. Atrial Flow:

**Fetal Growth restriction:**  
**Stage 1**  
**Recommended management:**  
**Delivery**



# İUGG – yönetim



## Geç IUGR (> 32-34 hafta, < 37. hafta)

Artmış UA Doppler PI .....

MCA – BKE .....

UA – ARED veya .....

evre III (Barcelona) -----

Doppler x 1 / hf + BPP x 1

Doppler x 2-3 / hf + BPS x 1

**Doğum**

- **Vazodilatasyon** nöroproteksiyon için olsa da hipoksinin tüm olumsuzluklarını **kompanse edemeyebilir**

# IUGG – doğum zamanlaması



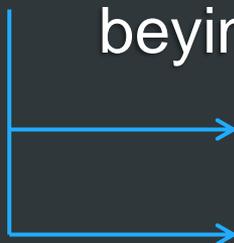
**Impact of cerebral redistribution on neurodevelopmental outcome in small-for-gestational-age or growth-restricted babies: a systematic review**  
*Ultrasound Obstet Gynecol 2015*

S. MEHER\*†, E. HERNANDEZ-ANDRADE‡, S. N. BASHEER§ and C. LEES¶\*\*

## IUGR – serebral kan akımı değişikliği:

- **ACA kan akımı artışı** frontal lob kanlanmasında artış
- **MCA kan akımı artışı** bazal ganglia kanlanmasında artış

beyin koruyucu etkinlik sürecinin ileri evresi



MCA kan akımı > ACA kan akımı

frontal lob kanlanmasında relatif azalma

kognitif fonksiyonlarda olumsuzluk

# İUGG – doğum zamanlaması



- Although *cerebral redistribution* has generally not been used as a criterion for delivery of preterm fetuses, recent guidelines recommend delivery of term fetuses with cerebral redistribution as it is predictive of acidosis at birth.
- Accumulating evidence suggests that **cerebral redistribution** may be associated with **increased risk of adverse neurodevelopmental outcomes**.

# Risk of ultrasound-detected neonatal brain abnormalities in intrauterine growth-restricted fetuses born between 28 and 34 weeks' gestation: relationship with gestational age at birth and fetal Doppler parameters

R. CRUZ-MARTINEZ\*†, V. TENORIO\*, N. PADILLA\*, F. CRISPI\*, F. FIGUERAS\* and E. GRATACOS\*

Nörolojik morbidite öngörü:

Middle cerebral artery (MCA) Doppler is considered a surrogate for fetal hypoxemia, but its value in predicting neurological

Fetal Doppler > gebelik haftası

MCA - BKE vs normal

% 48 vs % 13

damage in preterm IUGR remains controversial

MCA - BKE + Aol retrograd vs normal

% 66 vs % 38

Başchat AA, et al. Ultrasound Obstet Gynecol 2002

Habek D, et al. Eur J Obstet Gynecol Reprod Biol 2004

IUGG fetuslarda kranial USG anomalileri (CUA)

■ Periventriküler lökomalazi

■ Aol flow shows an association

■ Intraventriküler kanama

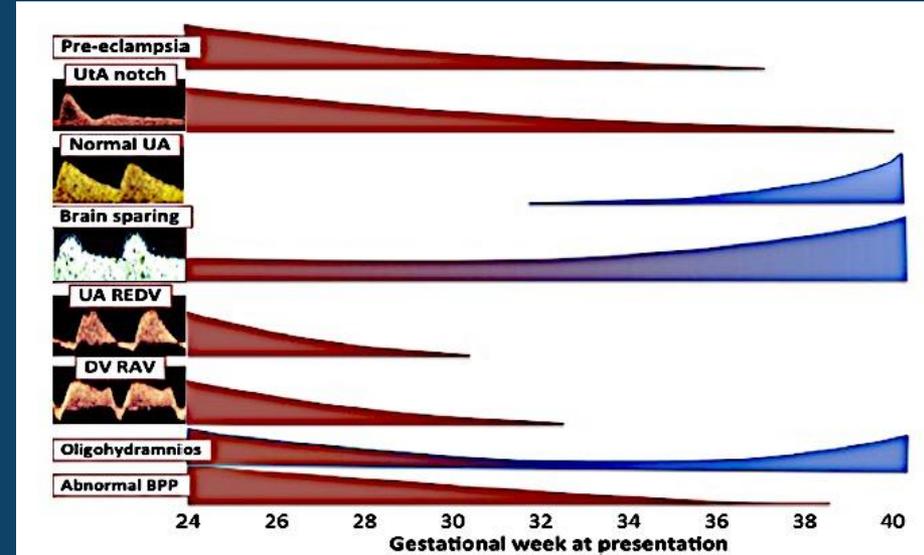
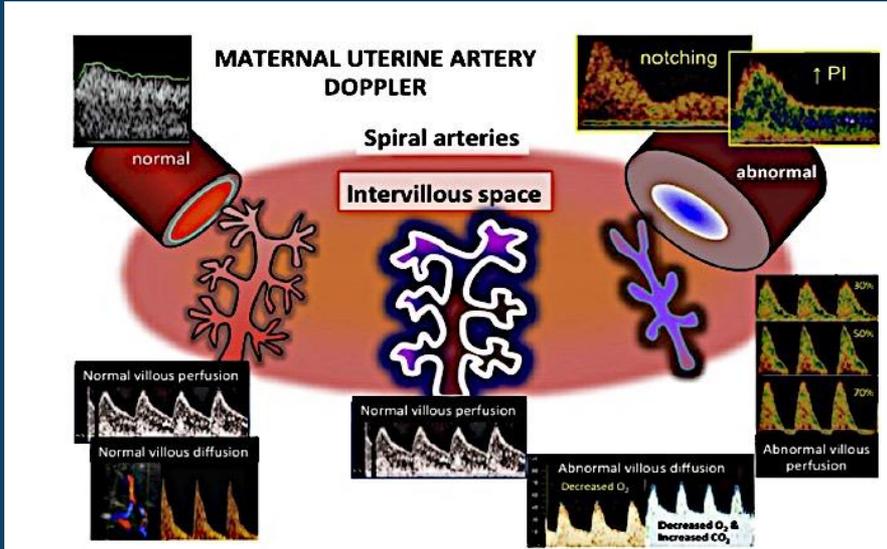
■ Bazal ganglia lezyonu

Preliminary evidence suggests that Aol flow shows an association with long-term neurological outcome

Del Rio M, et al. Ultrasound Obstet Gynecol 2008

Fouren JC, et al. Am J Obstet Gynecol 2005

# İUGG – karar



**BİREYSEL  
DEĞERLENDİRME**

# İUGG – doğum şekli



## Sezaryen önerisi

- Gebelik haftası  $\geq 34$  + umbilikal arter ARED
- Gebelik haftası  $\geq 30$  + umbilikal arter REDF veya DV - PI > 95. persantil
- Gebelik haftası  $\geq 26$  + spontan deselerasyon, STV kaybı veya DV ters a dalgası

Figueras F, Gratacos E. Best Prac Res Clin Obstet Gyencol 2017

- GRIT sezaryen oranı % 85
- TRUFFLE % 97
- Baschat % 98

# İUGG – yaşam

## Perinatal sorunlar

Hipoksi

Asfiksi

Mekonyum aspirasyonu

Nekrotizan enterokolit

Serebral kanama

Polisitemi

Hipotermi

Hipoglisemi

Enfeksiyon

## Uzun dönem sorunlar

Gelişme geriliği

Dikkat eksikliği / hiperaktivite

Nörokognitif fonksiyon azalması

Endokrinopati

Aterosklerozis

Kardiovasküler hastalık

- HT
- Koroner kalp hastalığı
- İnme

teşekkürler